



**2026 DRAFT Transforming Children’s Behavioral
Health Policy and Planning Committee (TCB)
Recommendations In Brief**

2026 Draft Recommendations in Brief

****Recommendations to be updated following the February TCB Meeting***

TCB Cross Agency Data Sharing Workgroup	Establish a TCB Cross Agency Data Sharing Workgroup. 1. The Transforming Children’s Behavioral Health Policy and Planning Committee recommends establishing a data working group to focus on data infrastructure and quality improvement planning and implementation activities that support a whole population focus with an equity lens, with data intentionally collected, analyzed, and used to ensure that all children have access to effective behavioral health services. a. The Workgroup should include representation from the following: i. At least one representative from the Departments of Children and Families, Correction, Developmental Services, Education, Insurance, Mental Health and Addiction Services, Public Health and Social Services; ii. At least one representative from the Offices of Policy and Management, Early Childhood, and Health Strategy; iii. At least 3 representatives	Policy Recommendation – To be embedded into the TCB Workplan
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	<p>from providers of children’s behavioral health services;</p> <ul style="list-style-type: none"> iv. And at least 3 youth/young adults/caregivers with lived experience. <ul style="list-style-type: none"> b. The workgroup should be chaired by a representative of the Office of Policy and Management, as well as a Transforming Children’s Behavioral Health Policy and Planning Committee’s Community Voices Workgroup member. 	
<p>Disordered Eating Behaviors Recommendations</p>	<p>Establish an Eating Disorders Working Group and a Holistic Food Education Workgroup administered by the CWCSEO.</p> <ul style="list-style-type: none"> 1. The Transforming Children’s Behavioral Health Policy and Planning Committee recommends that the Commission on Women, Children, Seniors, Equity and Opportunity establish an Eating Disorder Workgroup and a Holistic Food Education Workgroup to develop a statewide eating-disorder treatment registry and consider facility standards effective July 1st, 2026. <ul style="list-style-type: none"> a. The workgroups may include representation from the Transforming Children’s Behavioral Health Policy and Planning Committee’s membership. 	<p>Legislative Recommendation</p>

	<p>b. The Eating Disorder Workgroup and Holistic Food Education Workgroup shall submit an annual report of their findings to the Transforming Children’s Behavioral Health Policy and Planning Committee by July 1st, 2027.</p> <p>c. The co-chairs of the Eating Disorder Workgroup and the Holistic Food Education Workgroup shall conduct annual reviews of workgroup progress and deliverables to determine the appropriate timeline to sunset each group.</p> <p>Incorporate a Question on Disordered Eating Behaviors into The Behavioral Health Section of the Connecticut School Health Survey.</p> <p>2. The Transforming Children’s Behavioral Health Policy and Planning Committee recommends, that within available appropriations, a question on disordered eating behaviors should be incorporated into the behavioral health section of the Department of Public Health’s Connecticut School Health Survey.</p>	<p>Legislative Recommendation</p>
<p>Psychiatric Residential Inpatient Treatment Facilities (PRTFS) Infrastructure for Individuals with</p>	<p>1. The Transforming Children’s Behavioral Health Policy and Planning Committee recommends that the Department of Social Services (DSS) work in collaboration with the Department of Children and</p>	<p>Legislative Recommendation</p>

Intellectual and Developmental Disabilities	<p>Families (DCF), Department of Developmental Services (DDS), and the Department of Mental Health and Addiction Services (DMHAS) to develop a Request for Proposal (RFP) to create a 10-bed Psychiatric Residential Treatment Facility (PRTF) aimed to serve children and youth aged 14 to 21 with Intellectual and/or Developmental Disabilities.</p> <ul style="list-style-type: none">a. An assessment will be undertaken to determine whether current agency appropriations can support the RFP, and ongoing treatment services for the PRTF which will be billable under Medicaid.b. If the assessment determines that an RFP can be developed, it is strongly recommended that agencies assess the following;<ul style="list-style-type: none">i. If any current state-owned properties could be utilized for the PRTF;ii. If there is a way to solve for those who turn 22 years old while receiving treatment, and therefore cannot have their services billed to Medicaid	
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		children's services; iii. The percentage of beds that will be held specifically for those with an ID/D diagnosis, and iv. If a PRTF is the best treatment option to meet the needs for this population.	
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For more information regarding the TCB 2026 Draft Recommendations, please refer to the Justification Report.