



SIMPLIFYING MENTAL HEALTH SCREENING MAXIMIZING HELP



TCB Commission

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futuresTHRIVE.com

OUTLINE

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- 3 What if
- 4 How it works
- 5 System Success
- 6 Meeting Today's Needs
- 7 Challenges/Solution
- 8 New world

OUR MISSION



Modernized Mental
Health Screening
and Monitoring for
Early Intervention

THE PROBLEM

WIDER LANDSCAPE

What we are facing:

- Stigma remains
- Workforce shortage
- Burnout
- Inconsistent/fractured data
- Funding issues

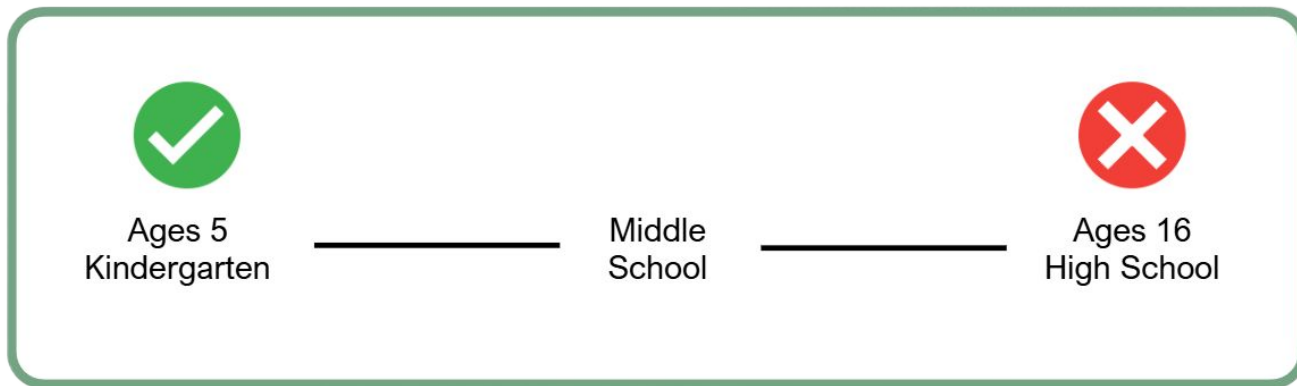
The need to:

- Reduce delays between onset and diagnosis
- Increase intervention effectiveness
- Reduce long term & chronic physical conditions
- Reduce hospitalizations
- Reduce school failure
- Reduce early pregnancy
- Reduce unstable employments
- Reduce risk of substance abuse
- Reduce strain on healthcare system

THE PROBLEM

TIMELINE

11 year gap between onset and diagnosis. CDC



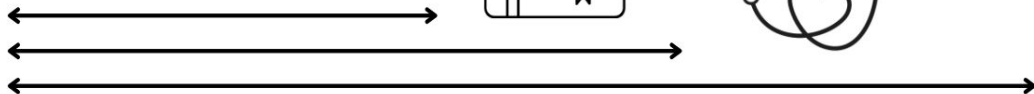
Signs & Symptoms



Diagnosis

THE PROBLEM

THE FAMILY STRUGGLE



A Survey From Your Healthcare Provider – PSC-Y

TeenScreen[®] Primary Care

Name	Date	ID		
Please mark under the heading that best fits you or circle Yes or No		Never 0	Sometimes 1	Often 2
-	1. Complain of aches or pains			
-	2. Spend more time alone			
-	3. Tire easily, little energy			
●	4. Fidgety, unable to sit still			
-	5. Have trouble with teacher			
-	6. Less interested in school			
●	7. Act as if driven by motor			

Status Quo: Tools from the 1980's

WHAT IF

What if you could...

- Provide effective mental health support,
- Uncover a child's hidden issues in 10 minutes,
- Set a clear path for their mental wellness and learning

And also...

- **Reduce administrative burden**
- **Reduce childhood disruptions**
- **Intervene early**



HOW IT WORKS

COMPREHENSIVE

futuresTHRIVE tScreen™

(ages 5-9) Non-Readers

futuresTHRIVE TweenScreen™

(ages 9-16)

- Designed with children, parents and health care professionals
- Easily administered to young patients via tablet or desktop during routine health visits, or can be scheduled as a separate appointment
- Child-friendly, gamified experience

Capturing Adverse Childhood Experiences™; Positive Childhood Experiences™; positive findings; relationships; routines; functioning in school, home, and with peers; family disruptions; anxiety; depression; sleep; grief and suicidality.



HOW IT WORKS

OUR PROCESS



STEP 1

Struggling child /
children



STEP 2

Professionals have
child / children take
futuresTHRIVE
screening



STEP 3

Individual reports are
immediately
generated and
population data
builds in real time



STEP 4

- Triage / prioritize needs
- Identify specific support
- Standardize wider range of struggles
- Monitor in real time

DEMO



SYSTEM SUCCESS

Individual Reports



Name: [REDACTED] Date Taken: 02/04/2025

Age: 16 Date of Birth: 07/12/2008

Overall Sentiment

Positive: 1.00%

Neutral: 0.00%

Negative: 99.00%

Sentiment analysis is a technique used to determine the emotional tone behind the screening. It involves analyzing the text each child includes at the time they take the survey.

SUMMARY REPORT

The futuresTHRIVE TweenScreen gathers child-reported data about their routines, relationships, functioning (school, home and with peers), trauma exposure, family environmental risks/disruptions, Adverse Childhood Experiences, and Positive Childhood Experiences. It also gathers signs and symptoms of ADHD, anxiety, depression, and suicidality.

SYSTEM SUCCESS

Population Study

In a study done of 921 students who completed TweenScreen

The top 5 parent characteristics that correlated to mitigating anxiety

1. Listens
2. Patient with others
3. Cheerful
4. Playful
5. Eats dinner together

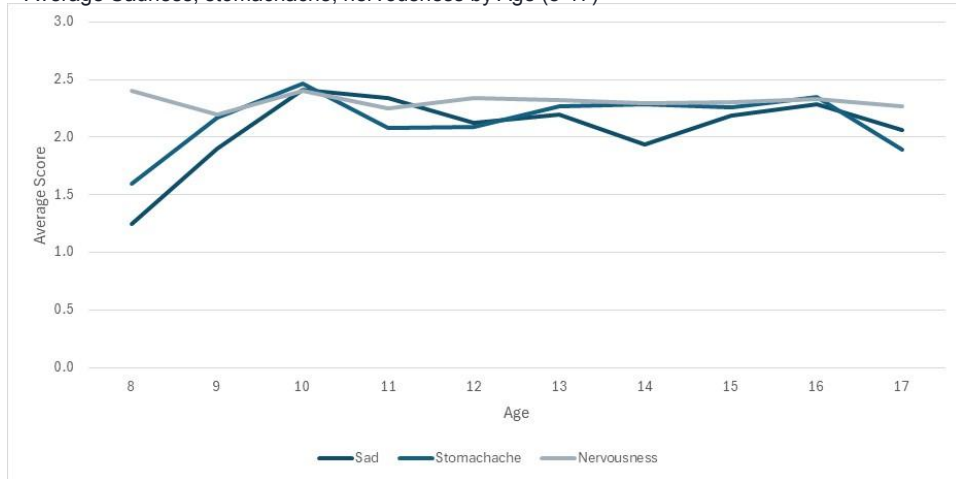
The top 5 parent characteristics kids marked out over 58 options

1. Happy
2. Listens
3. Patient with others
4. Spends time together
5. Cheerful

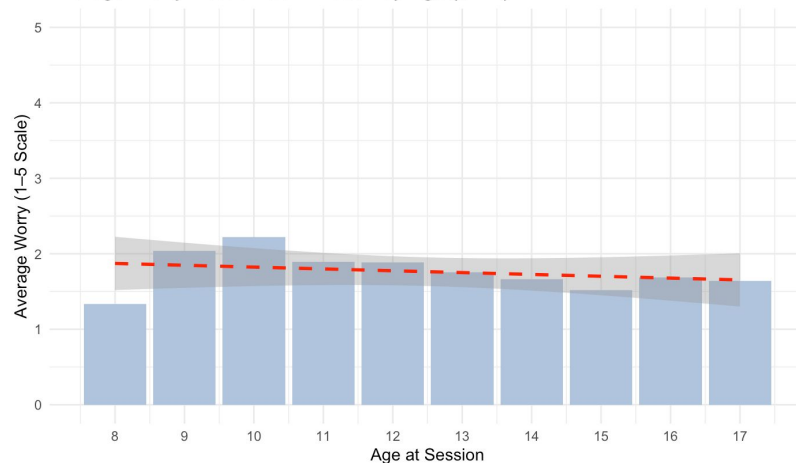
SYSTEM SUCCESS

Population Study

Average Sadness, stomachache, nervousness by Age (8-17)



Average Worry About Discrimination by Age (8-17)



SYSTEM SUCCESS

Address Early Education

- Strengths based
- Protective factors
- Engages families early
- Increases help seeking
- Reduces fear

Coping With Stress

A Resource for Youth and Parents

Coping skills help children and teens manage stress, emotions, and challenges in healthy ways. When kids develop coping tools, they gain confidence and develop the ability to provide for themselves and others.

Building Healthy Relationships

A Resource for Youth and Parents

Co
While every
can lo

Strong relationships help kids manage stress, conflict, or self-doubt. Coping techniques help youth build healthy friendships.

Managing Sleep

A Resource for Youth and Parents

Sleep is essential for growing bodies and minds. For children and teens, lack of rest can affect mood, focus, and health. These techniques are designed to help young people calm their bodies, quiet their minds, and develop healthy sleep routines.

Common Signs

While every child is different, some common signs parents and caregivers can look for are emotional, physical, and behavioral changes.

Common Signs of Sleep Trouble

Stress and poor sleep often go hand in hand. While every child is different, some common signs parents and caregivers can look for are emotional, physical, and behavioral changes.



Trouble falling asleep or frequent waking



Persistent fatigue, low energy



Difficulty concentrating at school



Irritability or mood swings



Headaches or stomach aches

SYSTEM SUCCESS

Address Stigma

- Screening early and often
- When prevention is possible
- When early intervention does not include labels or diagnostics
- When problems are small(ish)



MEETING TODAY'S NEED

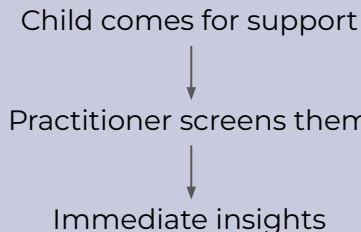
SUPPORTS BUSINESS GOALS

- Flexible and easy to administer
- Addresses all struggling kids at all levels
- Supports collaborative care
- **Strengths-based approach**
- Provides custom aggregated data

FAST & ACTIONABLE

- Easy to use, with insights in less than 10 minutes
- **Reduces administrative delays**
- Objective - Comprehensive
- Connects kids to the right care

PROMOTES CONTINUUM OF CARE



FOCUSED ON COMPLIANCE & ALIGNMENT

- HIPAA Compliant
- Backed by clinically-validated research and scientific rigor
- Compatible with American Medical Association (AMA), American Academy of Pediatrics (AAP), Diagnostic and Statistical Manual of Mental Disorders (DSM)

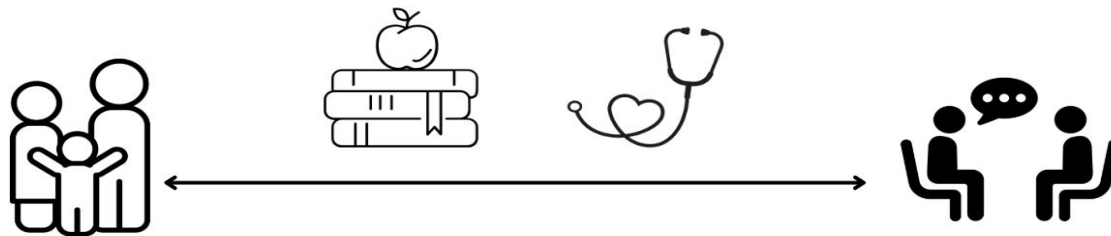
SYSTEM CHALLENGES

Address breakdown

- Pediatricians
 - Schools
 - Therapists
 - Families
- 
- Common Factors, but, what next?
 - Multi tiered system of support, understaffed
 - Are not reimbursed
 - Don't know what they don't know

SOLUTION

Address Continuum of Care



- Screen at well-child visit - Connection to care programs
- Screen at school - empower school nurses/ social workers
- Educate early - engage parents in positive conversations early and often
- Incentivize collaboration with programs and funding
- Allow therapists and therapy centers to bill
- Consider supporting non-diagnostic care



Continuum Model

- Leverage existing previous work and partners - early childhood programs
- Identify community Pediatricians to screen
- Identify schools - Screen identified population at school - empower school nurses when needed
- Engage parents in positive conversations early and often
- Engage behavioral health providers when needed
- Measure early intervention savings in time and money as well as other metrics (i.e. truancy, school refusal, detentions)
- **First of it's kind longitudinal data set for 96 different risk and protective factors**

A NEW WORLD

KIDS THRIVE

Prevention results:

- Stigma reduced
- Efficiency reduces burnout
- Efficiency increases workflow
- Crisis is reduced
- Data solutions foster proactive change
- Funding fosters help seeking
- Reduced delays between onset and diagnosis
- Increased intervention effectiveness
- Reduced long term & chronic physical conditions
- Reduced hospitalizations
- Reduced school failure
- Reduced early pregnancy
- Reduced unstable employments
- Reduced risk of substance abuse
- Reduced strain on healthcare system



HELPING KIDS HAVE
FUTURES THAT THRIVE

THANK YOU!

*Meeting the system and families where they
are today!*