



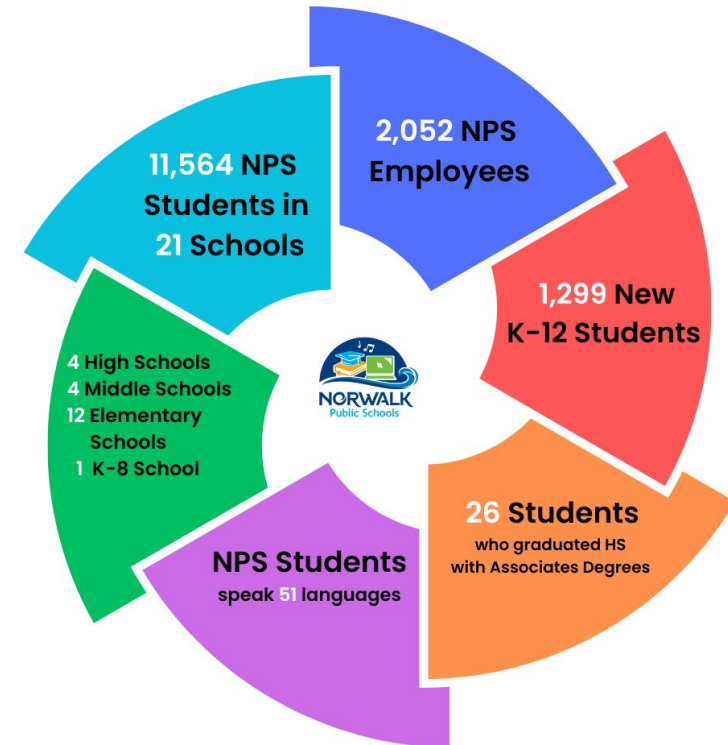
# **Whole Minds, Whole Hearts:**

**Comprehensive Mental  
Health and Wellness in  
Norwalk Public Schools**





## Norwalk Public Schools Total Student Enrollment

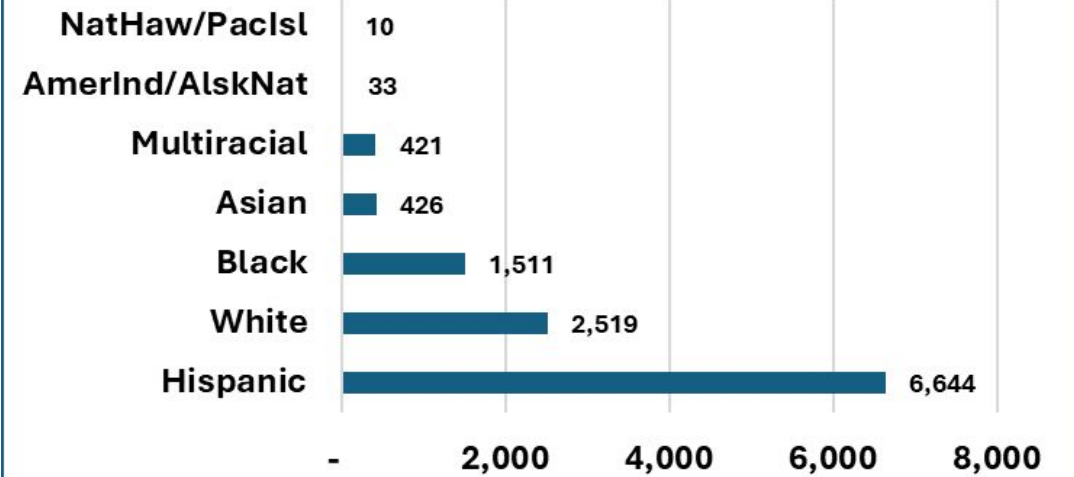


# Who is NPS

## Free & Reduced Lunch Program

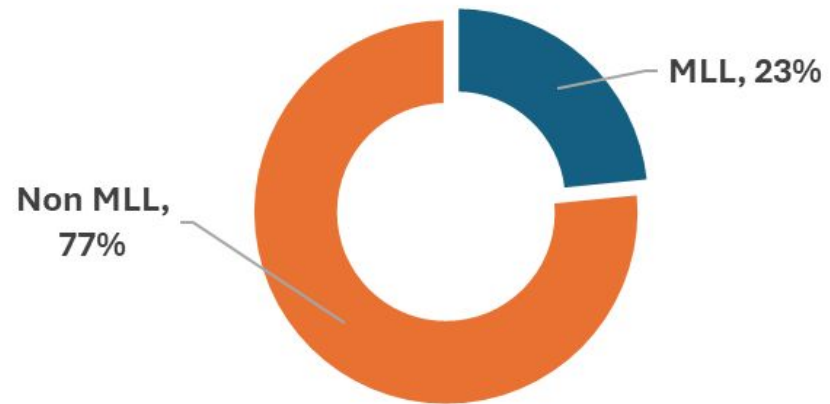


## Enrollment By Race/Ethnicity

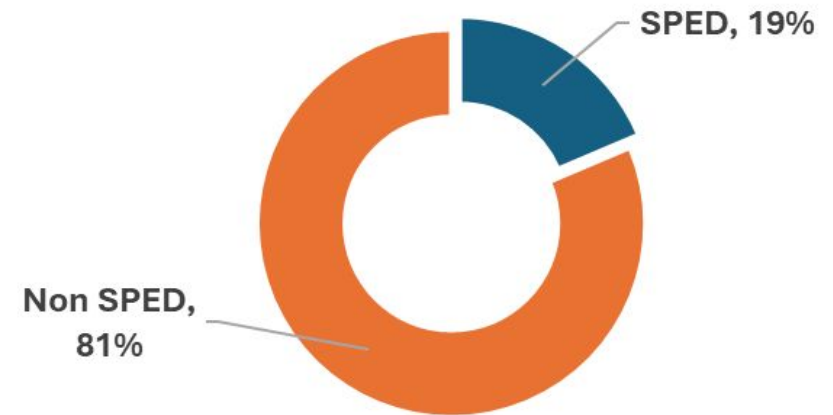


# Who is NPS

## Multilingual Learners (MLL)



## Specialized Education (SPED)







## Future Ready for All

### 2021-2026 Strategic Plan



#### 5 STRATEGIC PRIORITIES

##### **FUTURE READINESS**

Prepare all students so they are ready for further education, career and workplace opportunities, and globally engaged leadership.

##### **EQUITY**

Ensure equitable opportunities, facilities, experiences and outcomes for all students.

##### **EXCELLENCE**

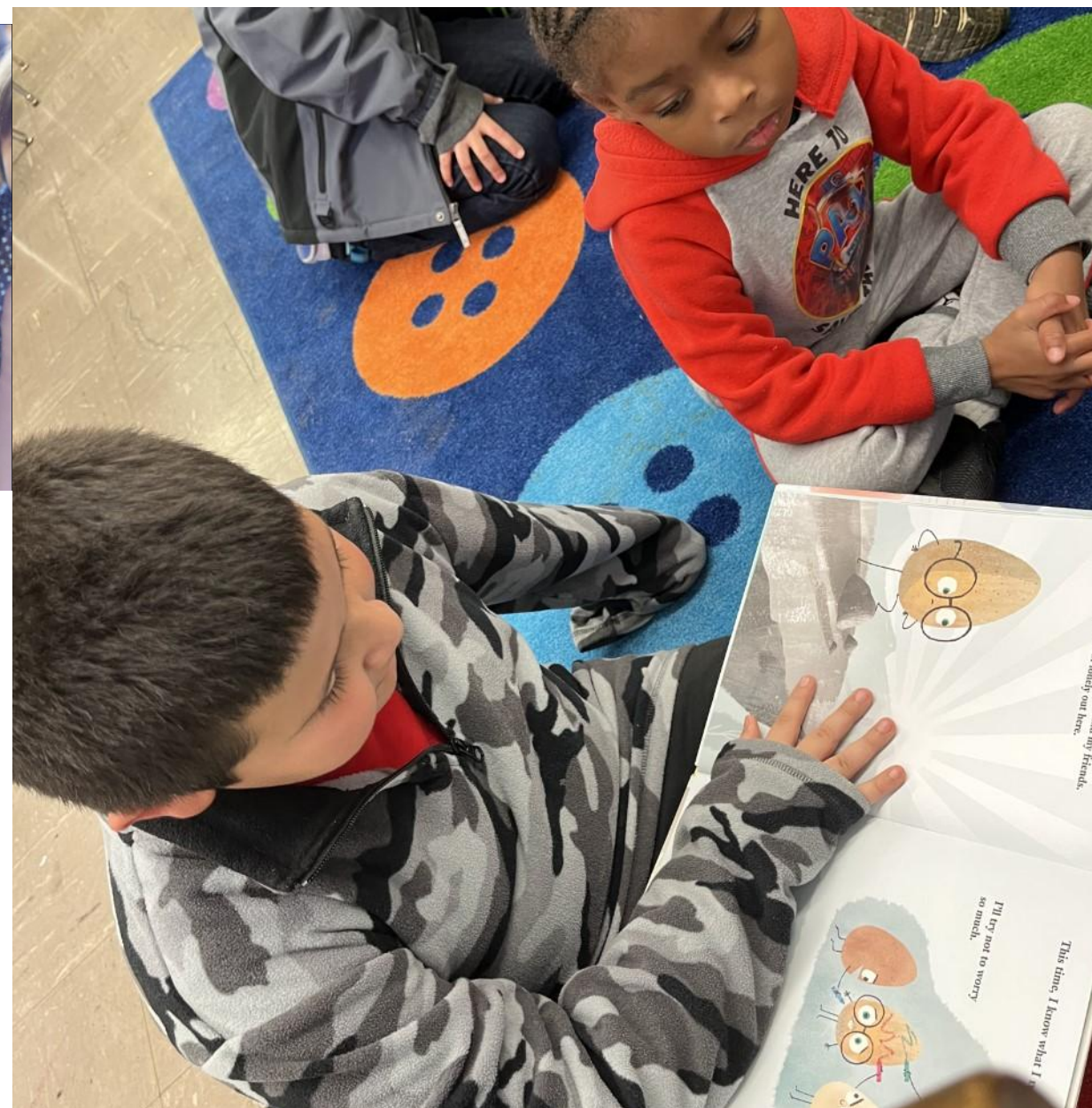
Achieve excellence in all aspects of our organization through effective systems, modern learning environments and continuous improvement processes.

##### **ENGAGEMENT**

Ensure all children, families, team members and the community are informed, are involved and feel welcome in our schools.

##### **HIGH-QUALITY INSTRUCTION & SUPPORT**

Foster relevant and intellectually stimulating learning with targeted supports that produce social, emotional and academic growth.



# Behavioral Health Pilot

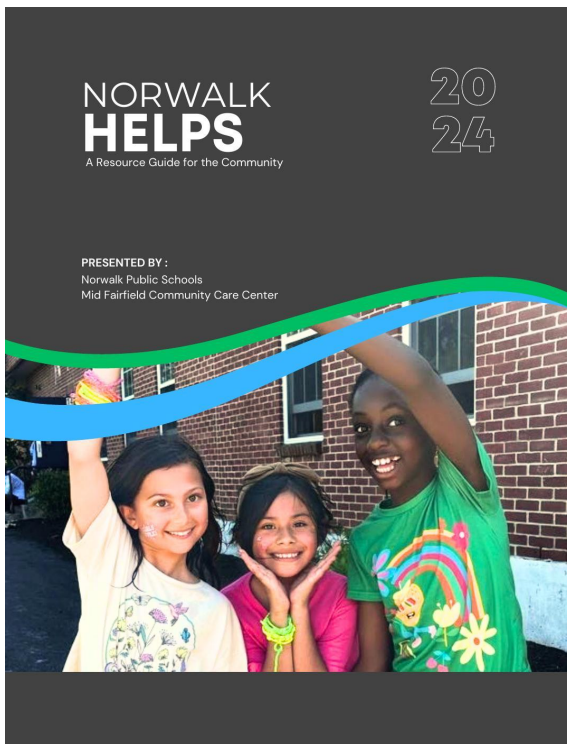
## Shape Assessment Results

	District	NPS ES	NPS MS	NPS HS	All Schools
Teaming	3.6	4.3	4	4	4.1
Needs Assessment/Resource Mapping	2.7	3.1	2.7	2.9	2.9
Mental Health Promotion Services and Supports	2.9	4.1	3.2	3.9	3.7
Early Intervention and Treatment Services and Supports	2.4	4.6	3.6	3.9	4.0
Screening	3	3.1	2.6	3	2.9
Funding and Sustainability	4.3	3.8	3	3.3	3.4
Impact	2.8	3	2.7	2.8	2.8

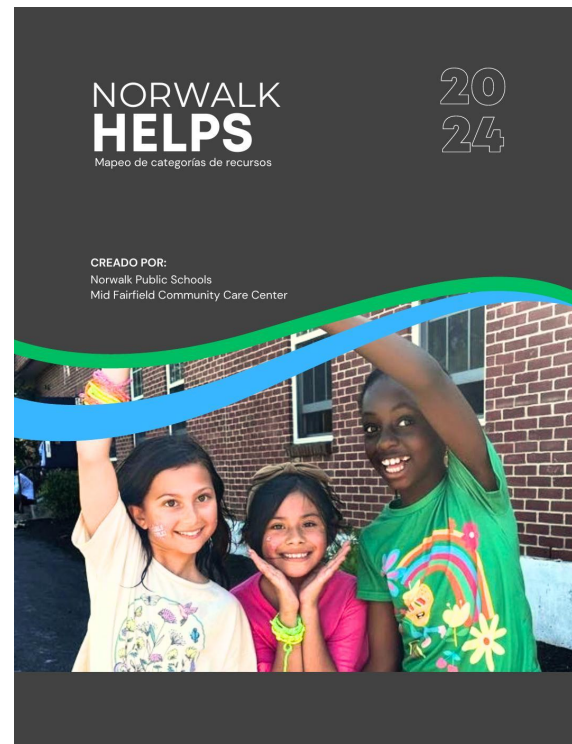


# Resource Mapping

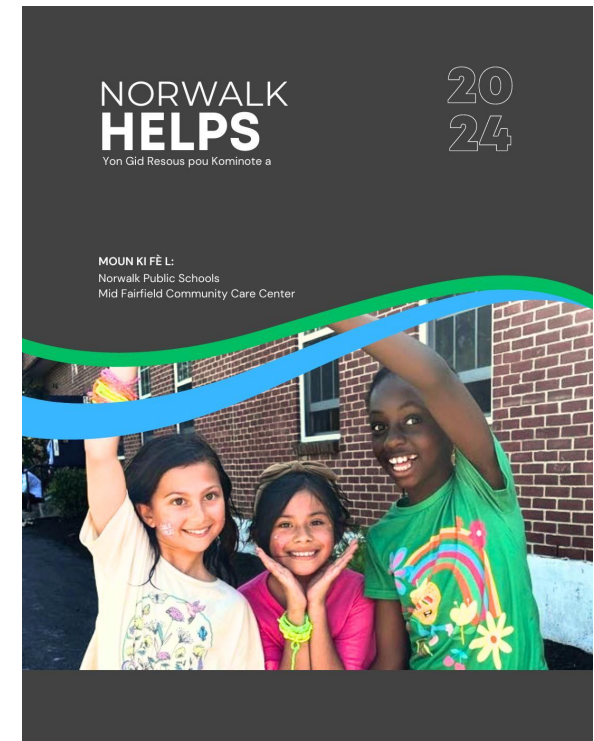
Active websites links for easy stakeholder access.  
Provided in English, Haitian Creole and Spanish.



**ENGLISH**



**SPANISH**



**HAITIAN CREOLE**

# Community Partners

## Norwalk School and Community Partnerships

Norwalk has been intentional in creating strong community partnerships with local mental health providers and other community providers to serve all of our stakeholders.

### Community School-Based Services Partnerships:

Mid-Fairfield Community Care, Norwalk CHC, Human Service Council, Triangle Community Center, Kids in Crisis, Positive Directions

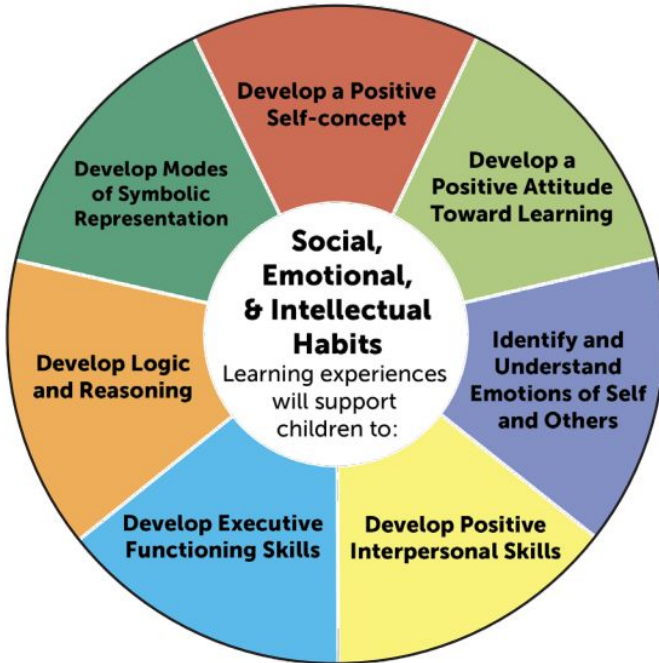
**Community District Crisis Partnerships:** Mid Fairfield Community Care, Family and Children's Agency, City of Norwalk, Western Regional Crisis Team

**Programs:** CT Music Therapy; Norwalk Mentor Program, Community Mindfulness Project







# DESSA



## DESSA Competencies



	 <b>Social/Emotional/Intellectual Habits</b>	 <b>Aligned DESSA Competencies</b>
1	Develop a Positive Self Concept	Self Awareness, Self Management, Optimistic Thinking
2	Develop a Positive Attitude Toward Learning	Self Awareness, Self Management, Optimistic Thinking
3	Identify and Understand Emotions	Self Awareness, Social Awareness, Self Management
4	Develop Interpersonal Skills	Social Awareness, Relationship Skills
5	Develop Executive Functioning Skills	Self Awareness, Self Management, Responsible Decision Making, Optimistic Thinking
6	Develop Logic and Reason	Responsible Decision Making, Optimistic Thinking, Relationships Skills
7	Develop Modes of Symbolic Representation	Social Awareness, Relationship Skills, Responsible Decision Making



### Classroom Patterns & Trends

Learning Walks  
Student Shadowing  
Coaching Cycles  
Professional Learning Plan

# Instructional Leadership Team (ILT)

## Building-Wide Data Trends

### Possible Next Steps

Adjustments to Professional Learning Plan  
Update SIP Action Items  
Coaching Cycle Supports  
Adjustments to WIN Groups  
Communication to Staff



01

### Teacher Teams

Unit Checkpoints/Assessments  
District Assessment Data  
NWEA DIBELS PSAT  
SBAC LAS Links SAT  
Teacher Team Agendas  
Lesson Planning, Adjustments, & Implementation  
On-Track Data  
Cycles of Improvement



02

### SRBI Teams

WIN Data  
Progress Monitoring Data  
Academically At-Risk Data  
DESSA Data



03

### Supportive Environment Teams

Behavior & Suspension Data  
Building Response Team Data  
School Climate Committee Data  
Child Study Team Data  
Panorama Survey Data



04

### Attendance Teams

Chronic Absenteeism  
Attendance At-Risk Data



05

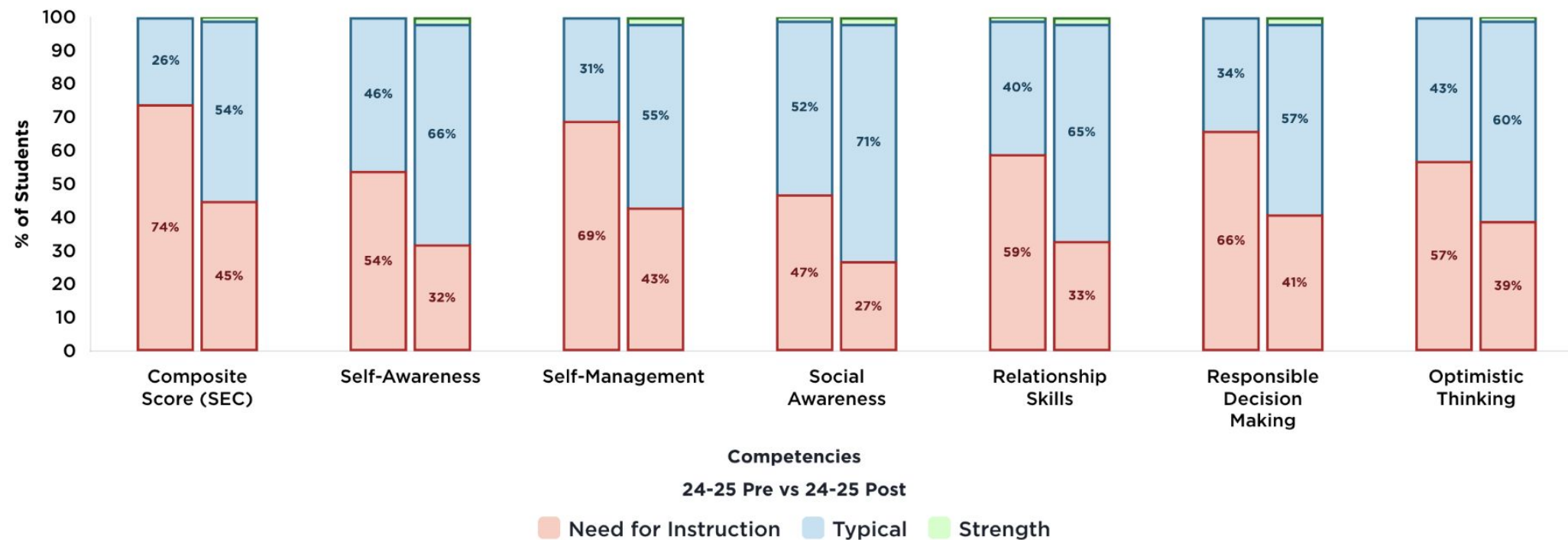
### Equity Teams

Equity Team Agendas  
District Assessment Data  
NWEA DIBELS PSAT  
SBAC LAS Links SAT



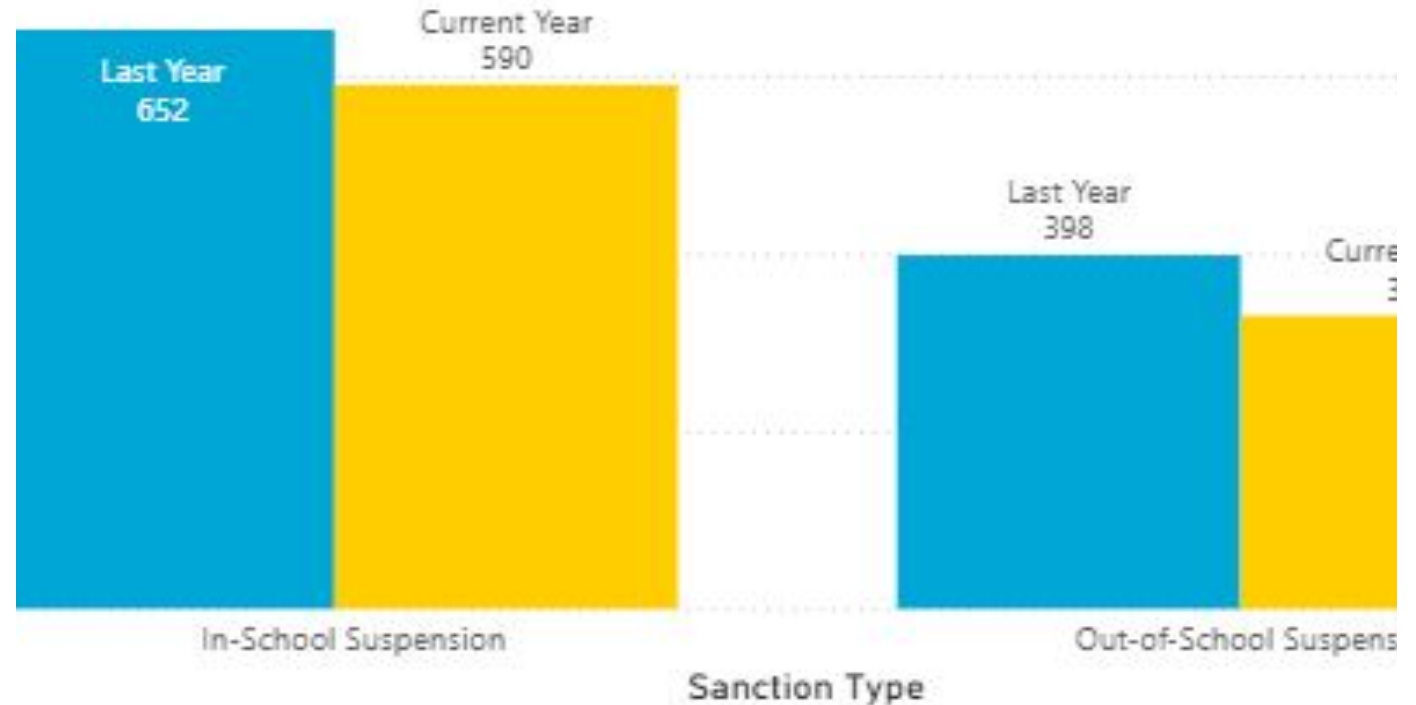
# Focus on Student Impact

## Change in DESSA 2 Social and Emotional Competencies



# Focus on Student Impact

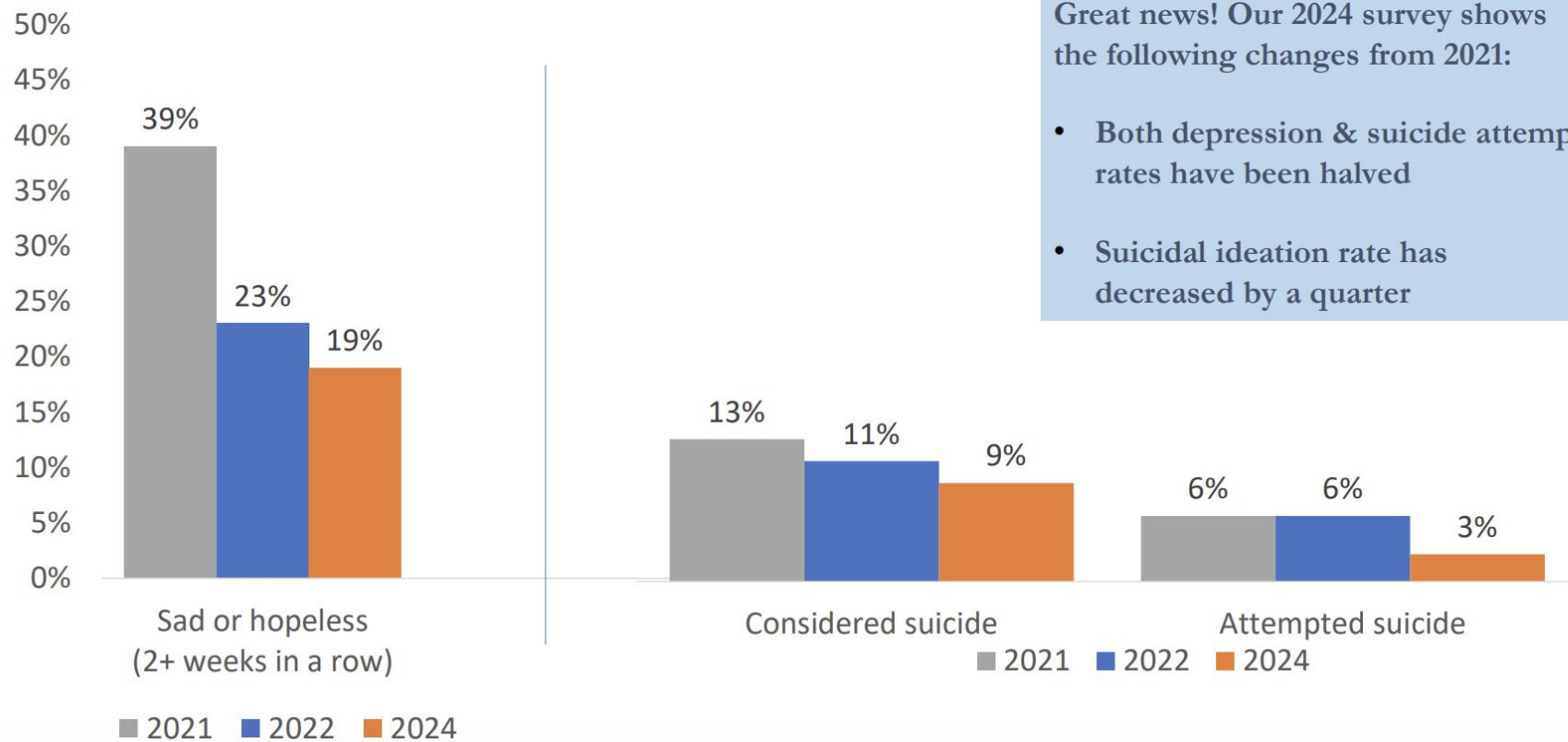
- Last year, there have been 946 behavioral incidents resulting in suspension or expulsion, a **13.4 percent decrease** from the previous year.
- West Rocks Middle School has experienced a **41.6 percent decrease** in overall incidents compared to the previous year. They cut fighting incidents from 44 to 22 and out-of-school suspension from 74 to 30.
- Brien McMahon has experienced a **17.7 percent decrease** in overall incidents compared to the previous year.





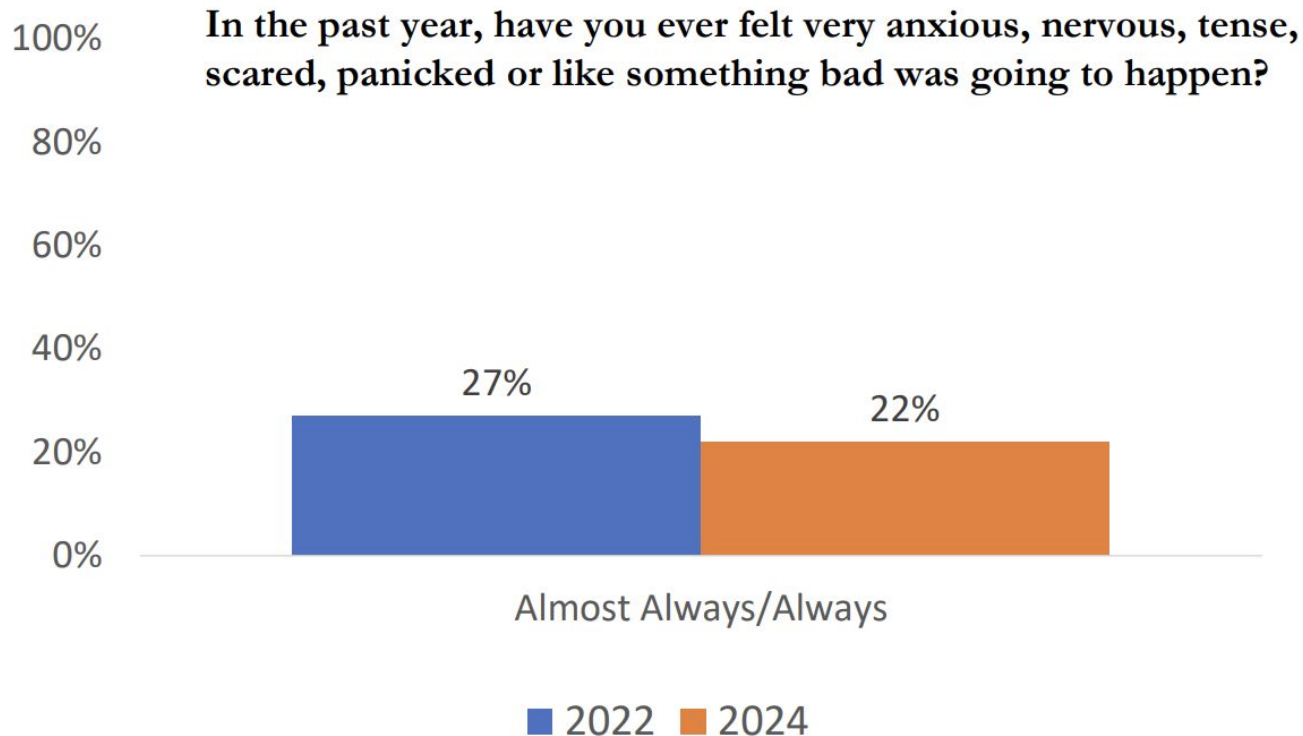
# Focus on Student Impact

## Depression & Suicidality in Norwalk Youth: Trend from 2021 to 2024



# Focus on Student Impact

## Acute Anxiety in Norwalk Youth, 2022 vs 2024



Good news: Youth reporting “almost always or always” being anxious dropped by almost a quarter.

The following groups report statistically significant higher levels of Anxiety (Almost always/Always):

- Females
- LGBTQ

Top 3 sources of acute anxiety, in descending order:

- In HS: academics, post-HS plans, schedule
- In MS: academics, post-HS plans *tied with* peers





**NORWALK**  
Public Schools