

School Based Health Centers



**Connecticut Association of
School Based Health Centers**
Healthy Kids Make Better Learners



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And

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History of School-Based Health Centers



The first Connecticut comprehensive School-Based Health Center was established in 1982 in response to community need and is still in operation at New Haven's Wilbur Cross High School.

SBHCs Can Serve All Students

No one is turned away!

All students who attend a school with a SBHC are eligible to receive services

All SBHCs have opt-in only enrollment

Student can receive services regardless of income or insurance status

Confidentiality in SBHCs



All SBHC services are **confidential**. SBHCs follow both HIPAA & FERPA rules and regulations



Parents must sign Parent Permission Form: an enrollment form, for students to receive services through the SBHC

What does the enrollment form contain?

What is FERPA?

How can a SBHC share information with the primary care physician or other treating professionals?

Funding Sources

- HRSA
- DPH
- Insurance Reimbursement
- Foundations
- District Support
- Self Pay



Licensing

Licensed by Connecticut
Department of Public Health (DPH)
as hospital satellite clinics or
outpatient clinics

Licensed by Department of
Children and Families (DCF) for
mental/behavioral health services

SBHCs can be licensed by both
DPH and DCF

Services in School-Based Health Centers

Medical health

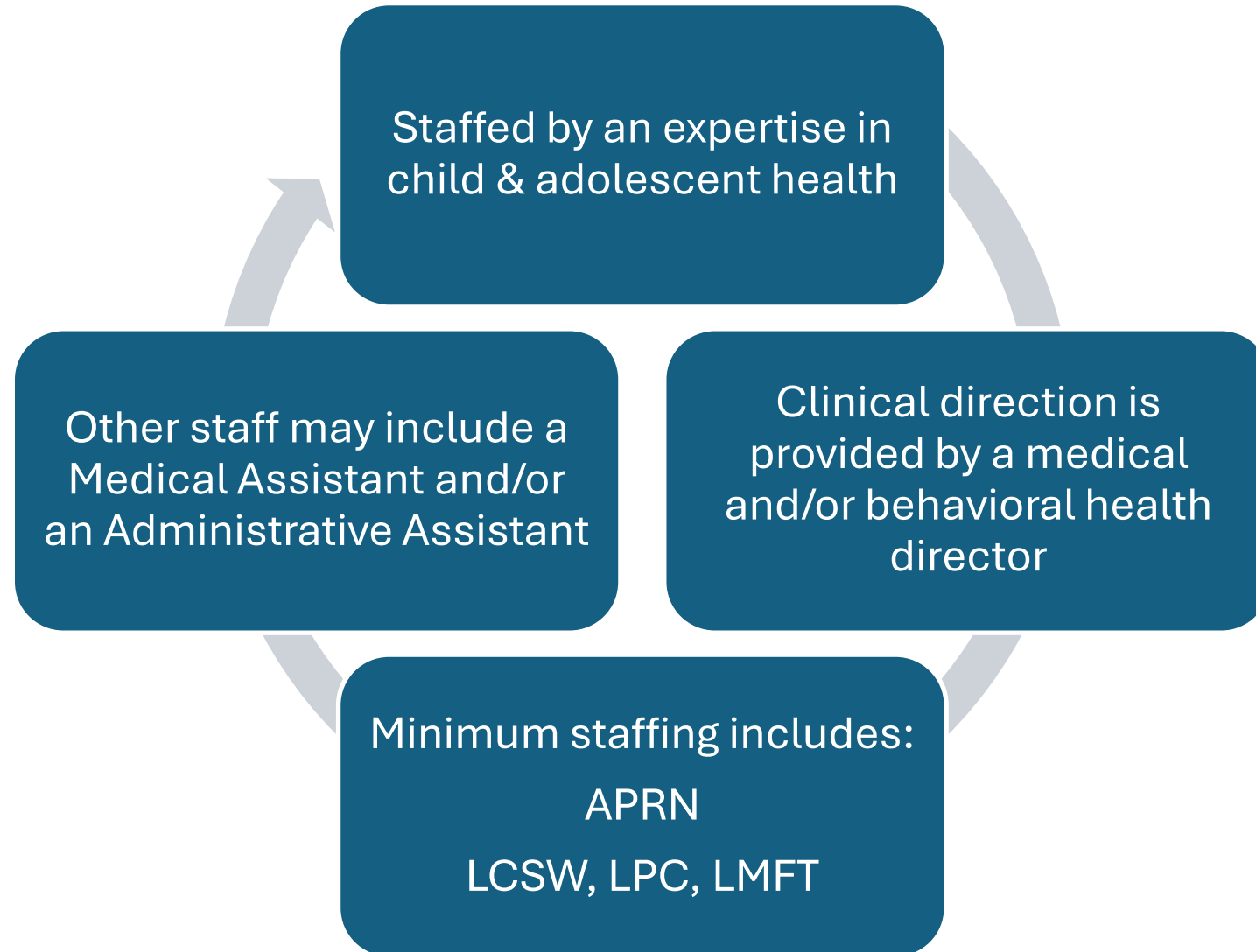
Mental health

Dental health

SBHCs can include any combination of these three.



SBHC are staffed by...



Medical Services Provided



Assessment/Diagnosis/Treatment of acute illnesses

Physical Examination including immunizations

Management/treatment of chronic diseases

Referrals for specialty care (orthopedics, pulmonology, gastrointestinal disorders, cardiac care, etc.)

Health education both in the SBHC and in the classroom including health related support groups

Mental health risk assessments with referral to SBHC mental health, when warranted

Dental Services Provided



Oral health screenings

Prophylaxis

Sealants

Restorative care

Mobile dental

Mental Health Services Provided



Mental health services and screenings

Individual, group, and family therapy

Crisis Intervention

Referral for psychiatric evaluations, medical evaluations, and specialty care.

Risk assessment and health education

Support groups

School Social Workers and SBHC Behavioral Health Clinician

School Social Workers

- Participate in special education assessment meetings as well as individual Educational Planning Meetings
- Can work with any student
- Working with those problems in a child's living situation that affect the child's adjustment in school. (home, school, and community)
- Preparing a social or developmental history on a child with a disability.
- Counseling (group, individual and/or family)
- Mobilizing family, school, and community resources to enable the child to learn as effectively as possible in his or her educational program
- Assisting in developing positive behavioral intervention strategies.

SBHC Clinical Social Workers

- Provide clinical assessment, diagnosis and treatment for student that meet criteria of Axis I diagnosis.
- Requires parental consent, and completion of biopsychosocial treatment plan.
- Provide outpatient individual, group, and/or family therapy.
- May attend PPT's to collaborate and provide clinical insight.
- Access to psychiatrist that can provide further assessment as well as medication management.
- May provide crisis intervention and assessment.
- Referral to additional outpatient services based on clinical necessity (IOP, IICAPS, FFT, EDT)

Together

- Collaboration to provide wrap around services to student.
- Both can attend PPT's.
 - School social work writes IEP goals and can service special education hours.
 - SBHC social worker can provide update on treatment progress with consent of parent. SBHC social worker can advocate on behalf on students based on clinical insight.

School-Based Health Center Behavioral Health Clinicians

Improved Access to Care

- Convenient, on-site mental health services for students
- Reduces barriers such as transportation, scheduling conflicts, and missed school time
- Increases early intervention and support

Removing Stigma Around Mental Health

- Integrating behavioral health into the school setting normalizes care
- Encourages students and families to seek support without fear of judgment
- Promotes a culture of wellness and resilience

School-Based Health Center Behavioral Health Clinicians Cont'd

Tracking Progress Through Ohio Rating Scales

- Standardized tool to measure student progress in emotional and behavioral health
- Helps clinicians adjust interventions based on data-driven insights
- Supports individualized treatment planning

Role of Psychiatrists

- Ensures appropriate treatment and medical necessity for all cases
- Supports multidisciplinary collaboration for student well-being
- Psychiatric evaluations and medication management (optional)

How SBHCs Address Quality and Outcomes

Timely school admission

Support compliance with state mandates

Day of appointments

Increased seat time

Acute and chronic illness management

Safe space

Mental health care

Time management for families

Reduction of barriers:

Transportation

Insurance coverage

Financial burdens

Access to care

DPH Funded Services in School-Based Health Centers

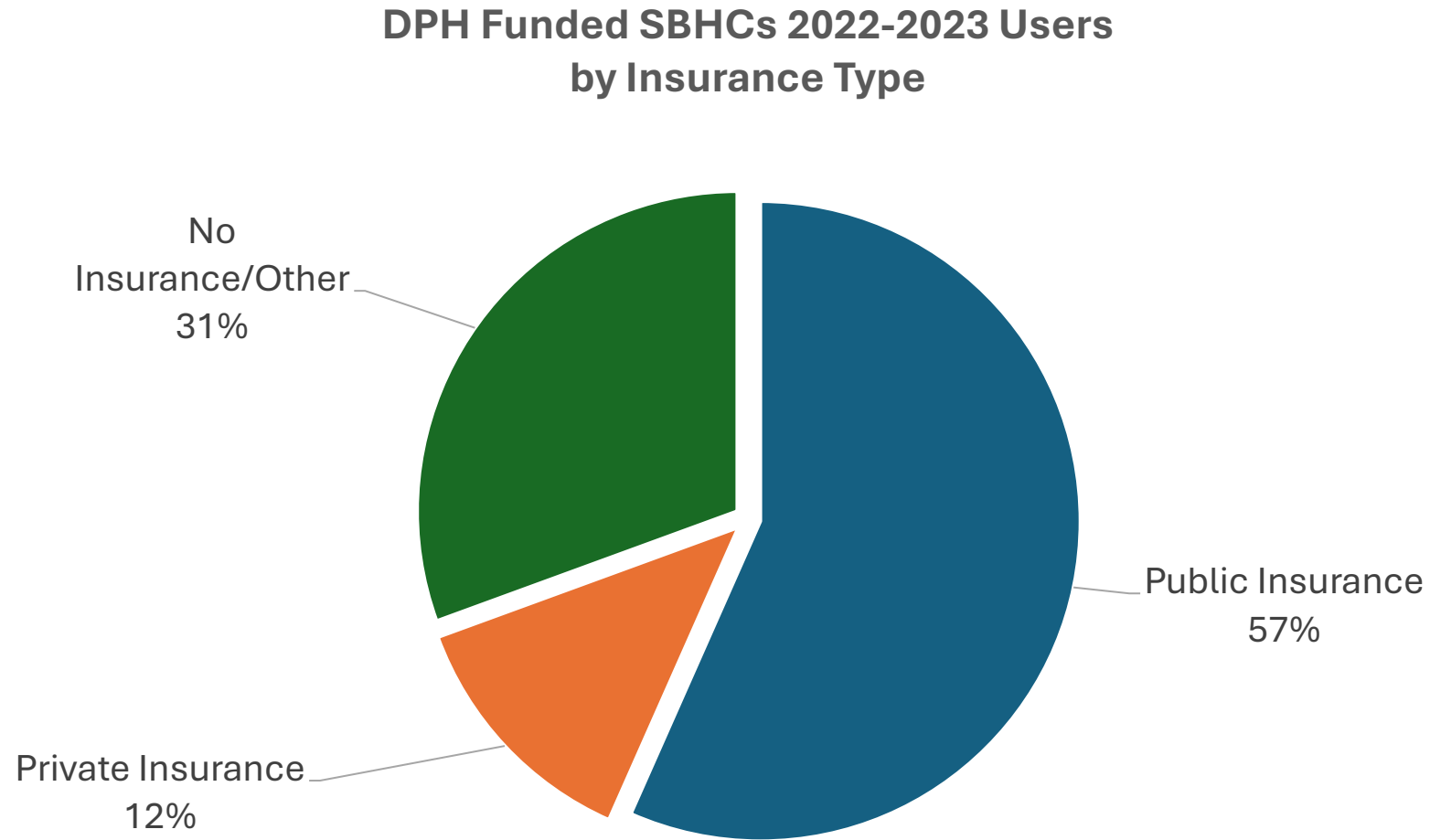
Based on 90 SBHCs funded by DPH

	2019-2020	2020-2021	2021-2022	2022-2023
Medical Visits	44,955	25,711	57,485	55174
Medical Users	17,254	9,831	18,017	18829
Average # of Medical Visits	2.6	2.6	3.2	2.9

	2019-2020	2020-2021	2021-2022	2022-2023
Mental Health Visits	49,297	51,182	63,556	67967
Mental Health Users	4,344	4,515	4,091	3942
Average # of Mental Health Visits	11.3	11.3	15.5	17.2

	2019-2020	2020-2021	2021-2022	2022-2023
Dental Visits	5,914	2,880	7,324	6898
Dental Users	3,181	1,674	4,213	3481
Average # of Dental Visits	1.9	1.7	1.7	2

SBHCs Can Serve All Students



*Data from 2022-2023 School Year

Where are our SBHC's?

