



Transforming Children's Behavioral Health Policy & Planning Committee – Data Spotlight:

Youth Inpatient Psychiatric, Behavioral Health Emergency Department, and Psychiatric Residential Treatment Facility Utilization

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Overview

Including:

- **The Connecticut Behavioral Health Partnership**
- **General Methodology**

Overview

- **The Connecticut Behavioral Health Partnership (CT BHP)** was established by Connecticut General Statute to provide a multi-agency approach to problem-solving and to identify and address gaps in services across the entire behavioral health continuum while promoting more positive outcomes and improved equity and access.
- The Departments of Children and Families (**DCF**), Mental Health and Addiction Services (**DMHAS**), and Social Services (**DSS**) are member partners of the CT BHP, and jointly contract with and manage **Carelon Behavioral Health** - the Administrative Services Organization (ASO).
- Data is inclusive of **HUSKY Health Members (Medicaid)**, only.
 - Excludes individuals with commercial insurance or dual-eligibility
 - Sources include a combination of claims, authorizations, and provider report
 - Data sets may have different date ranges due to variations in historical data available.

Chapter

02

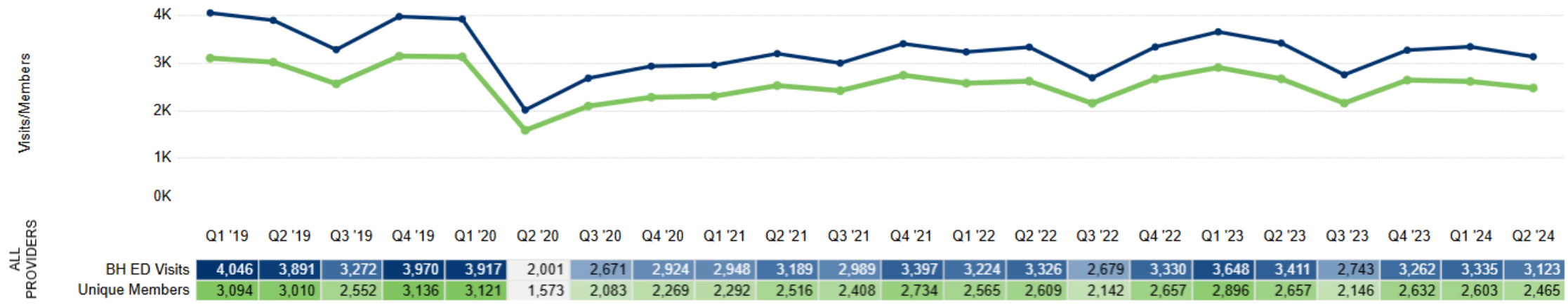
Youth Behavioral Health Emergency Department Visits

Including:

- Utilization
- Emergency Department “Stuck”
- Connect-to-Care
- Return Visits

Youth (ages 3-17) Behavioral Health (BH) Emergency Department (ED) Utilization*: Jan. 2019 – June 2024†

Volume of BH ED Visits and Unique Members – ALL PROVIDERS



Date Level: Quarter

Date Range: 1/1/2019 to 6/30/2024

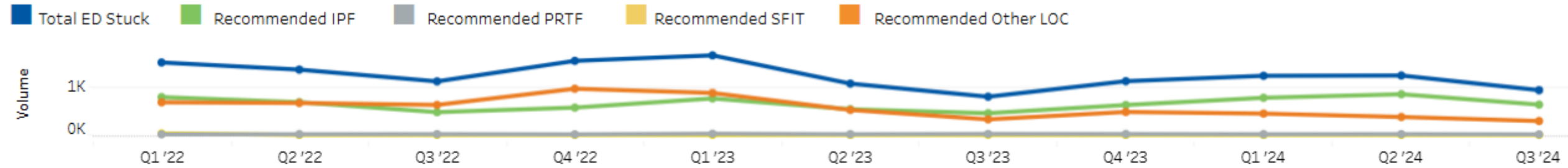
Total BH ED Visits: 2,001 to 4,046

Total Unique Members: 1,573 to 3,136

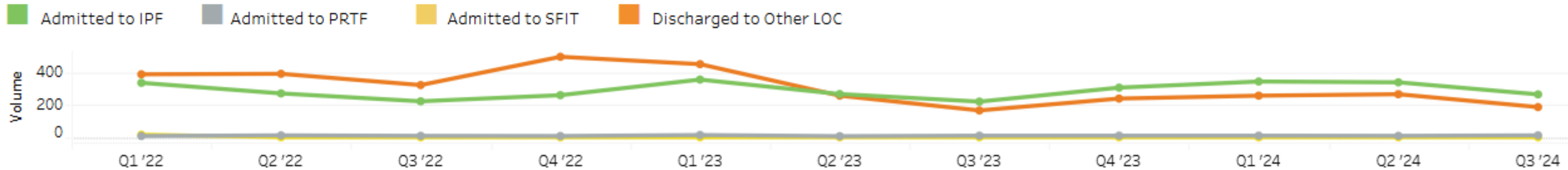
- **Methodology:** an ED visit with a behavioral health or substance use diagnosis in any of the first four positions of the claim

Volume of Youth (ages 3-17) ED “Stuck*”: Jan. 2022 – Sept. 2024†

ED Stuck Volume by Recommended Level of Care
Cases by Admission Quarter

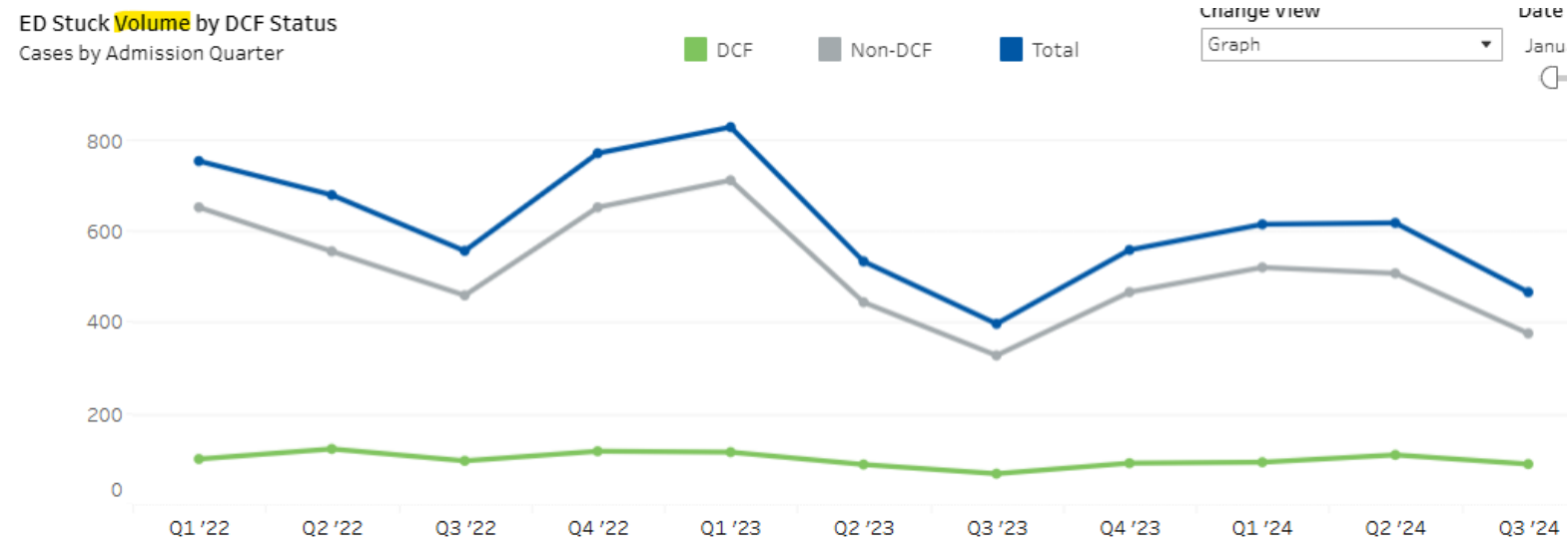
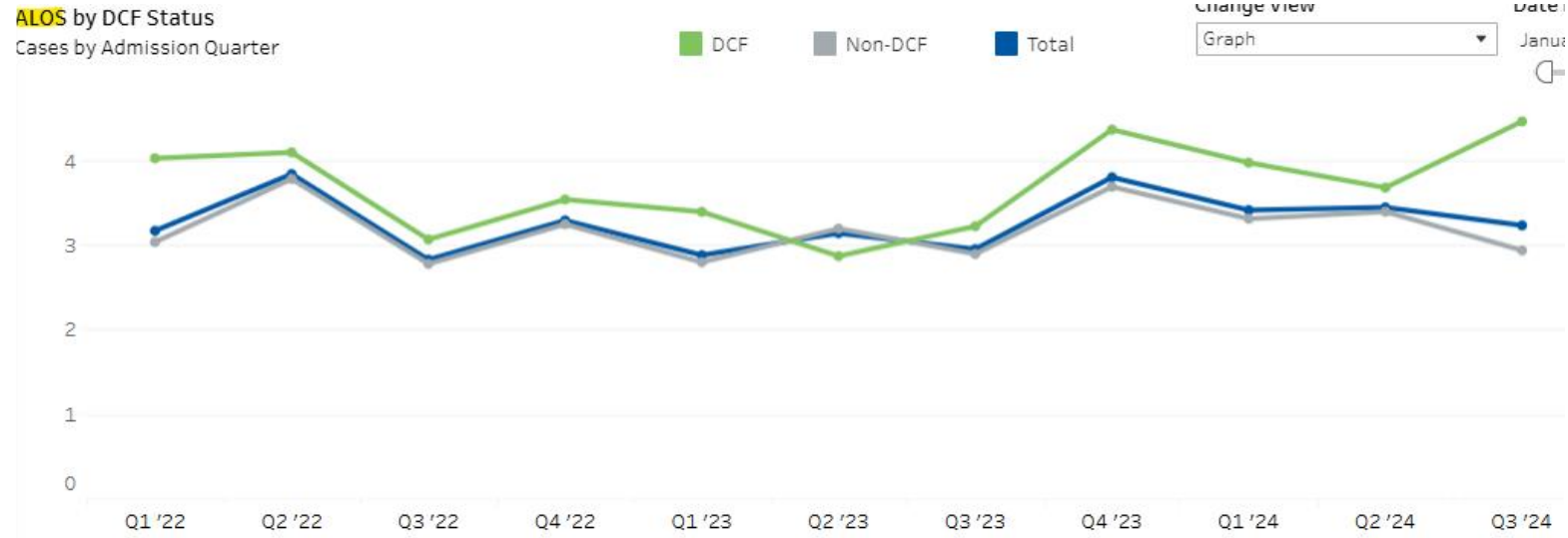


ED Stuck Volume by Disposition to Next Level of Care
Cases by Admission Quarter



- **Methodology:** The term “stuck” refers to a youth in the ED for 8+ hours, post medical clearance and psychiatric evaluation and is awaiting disposition to recommended service

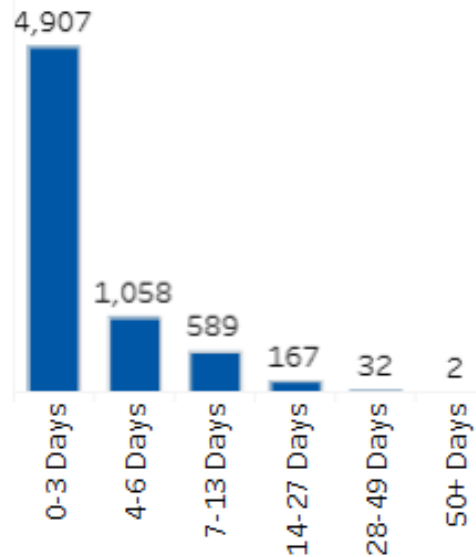
Average Length of Stay & Volume Over Time by DCF Status: Youth (ages 3-17) ED “Stuck”*: Jan. 2022 – Sept. 2024†



Average Length of Stay Frequency Distribution by DCF Status: Youth (ages 3-17) ED “Stuck”*: Jan. 2022 – Sept. 2024†

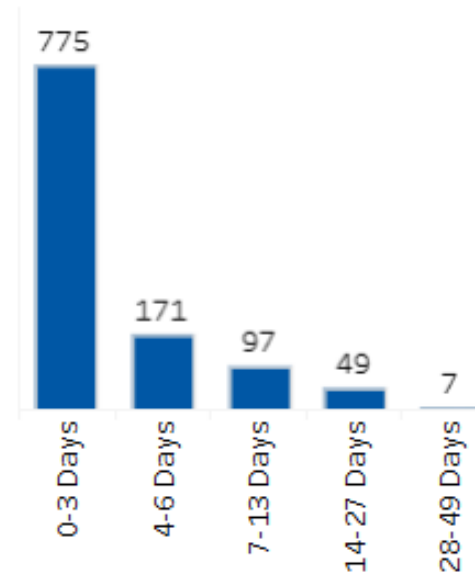
All Youth

LOS Distribution



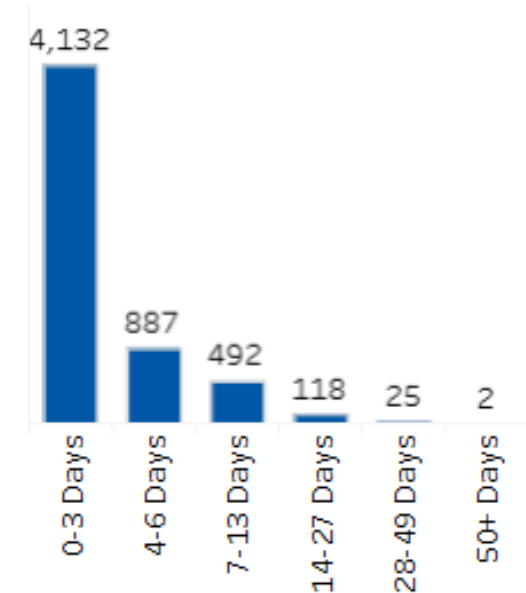
DCF Youth

LOS Distribution



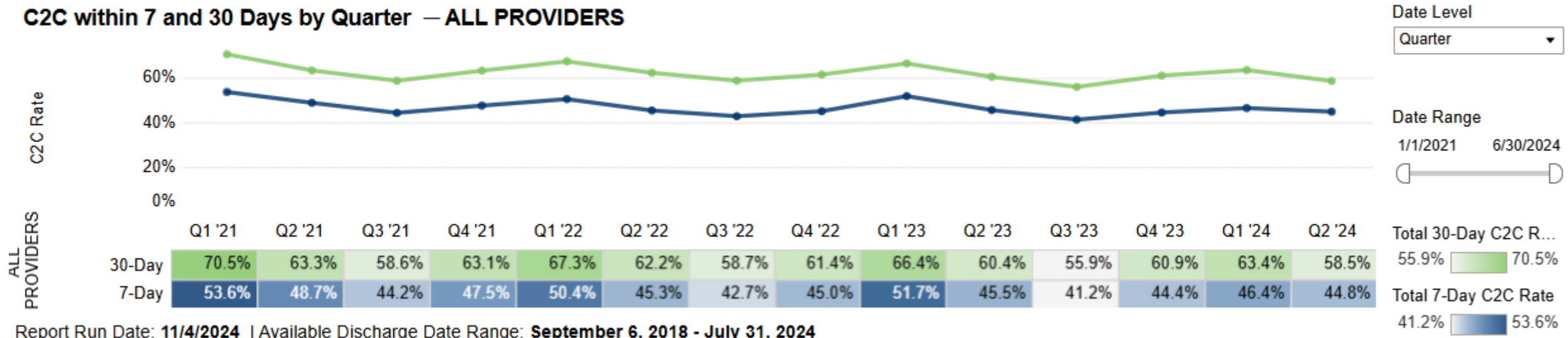
Non-DCF Youth

LOS Distribution



Youth (ages 3-17) Behavioral Health (BH) Emergency Department (ED) Connect-to-Care (C2C)*: Jan. 2021 – June 2024†

C2C within 7 and 30 Days by Quarter — ALL PROVIDERS



13,035 7-Day C2C Count	46.7% 7-Day C2C Rate	17,412 30-Day C2C Count	62.3% 30-Day C2C Rate
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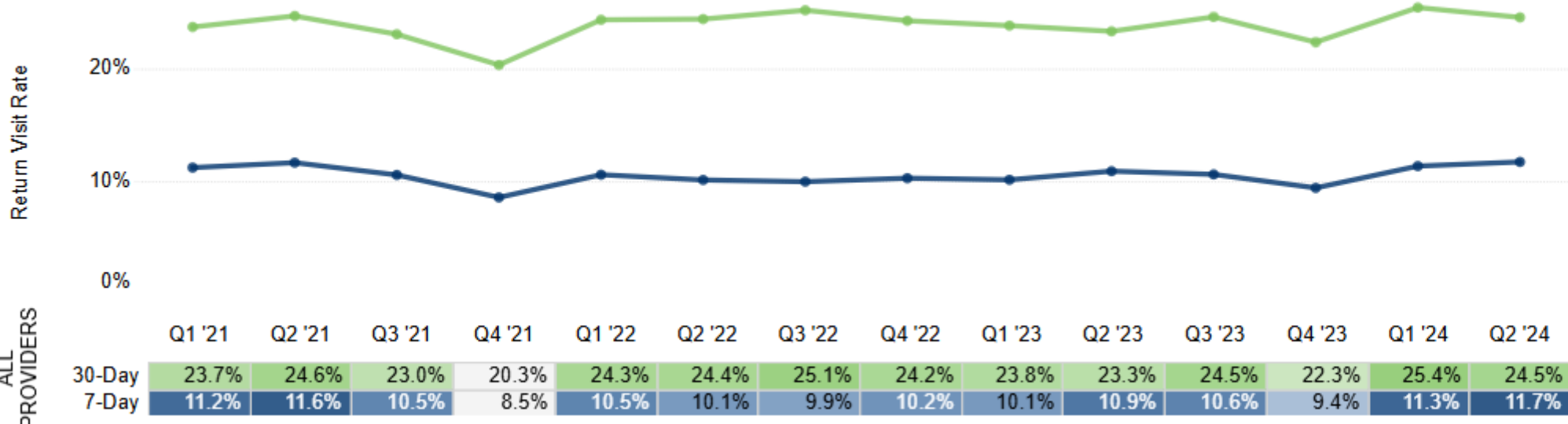


*Data Source: Claims
† Historical C2C data available from 1/1/21, and Q2 2024 is the most recent full-quarter capture of the data due to claims lag.

Youth (ages 3-17) Behavioral Health (BH) Emergency Department (ED)

Return Visits*: Jan. 2021 – June 2024†

Return Visits within 7 and 30 Days by Quarter – ALL PROVIDERS



Date Level

ED Date Range

Total 30-Day Return Visit Rate
 20.3%
 Total 7-Day Return Visit Rate
 8.5%

ALL PROVIDERS

Report Run Date: 11/4/2024 | Available Discharge Date Range: September 6, 2018 - July 31, 2024

2,722
 7-Day Return Visit Count

10.4%
 7-Day Return Visit Rate

6,196
 30-Day Return Visit Count

23.8%
 30-Day Return Visit Rate



*Data Source: Claims

† Historical return visit data available from 1/1/21, and Q2 2024 is the most recent full-quarter capture of the data due to claims lag.

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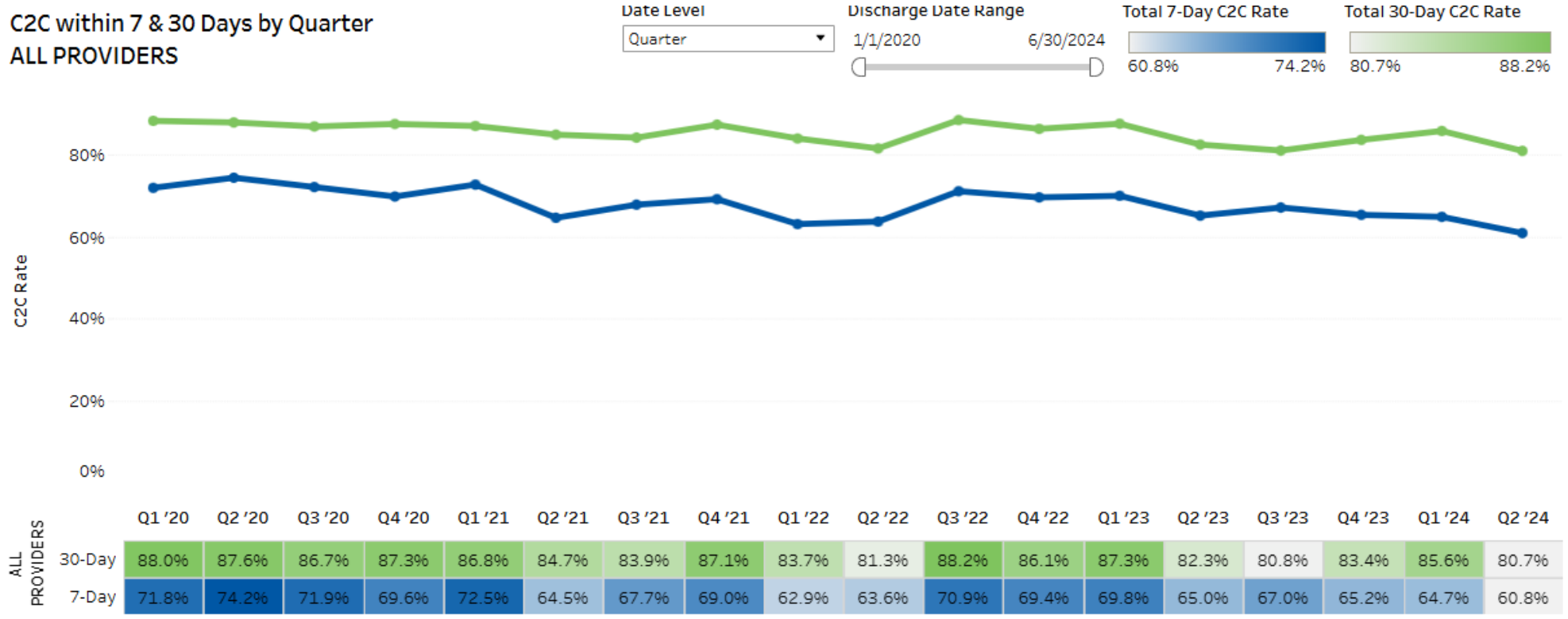
Youth Inpatient Psychiatric Facilities

Including:

- **Connect-to-Care**

Youth (ages 6-17) Community Hospital Inpatient Psychiatric Facility (IPF)

Connect-to-Care (C2C): Jan. 2020 – June 2024†



67.6%
7-Day C2C Rate

6,226
7-Day C2C Count

85.0%
30-Day C2C Rate

7,832
30-Day C2C Count

- Methodology:** Based upon connection to a behavioral health service within seven- or 30-days of discharge from IPF.



*Data Source: Claims

† Historical C2C data available from 1/1/20, and Q2 2024 is the most recent full-quarter capture of the data due to claims lag

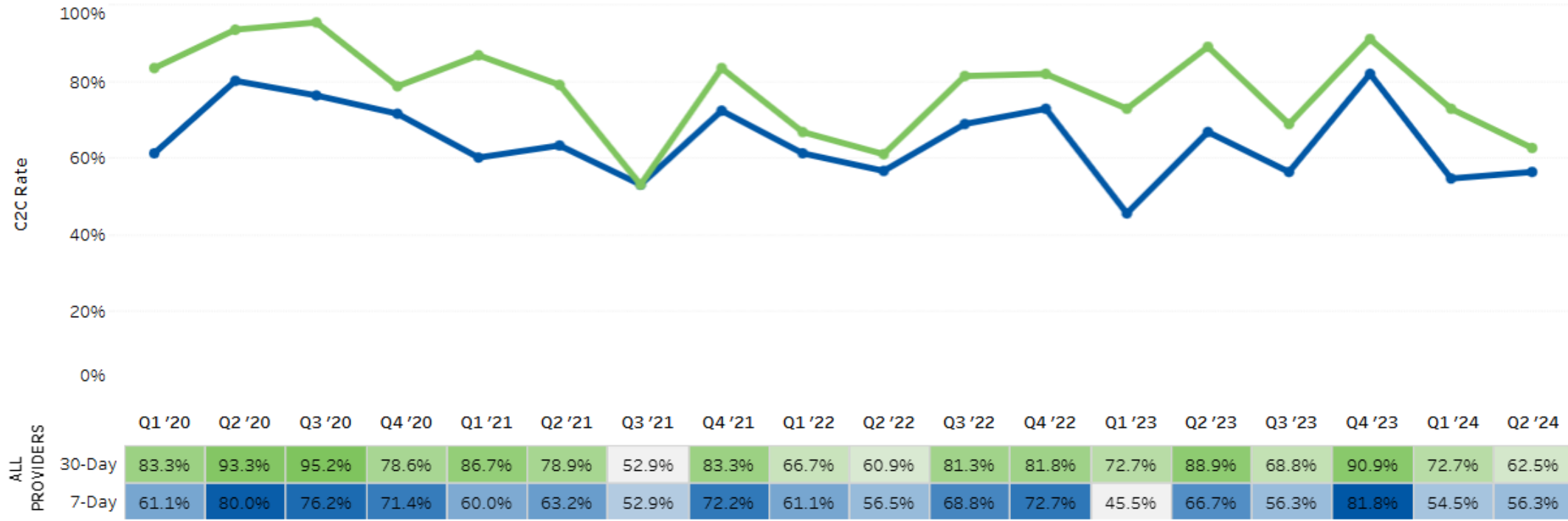
‡ Excludes Solnit Hospital

Youth (ages 6-17) Solnit Inpatient Psychiatric Facility (IPF) Connect-to-Care* (C2C) cont'd: Jan. 2020 – June 2024†

C2C within 7 & 30 Days by Quarter
ALBERT J SOLNIT CHILDRENS CENTER-SOUTH CAMPUS-

Date Level: Discharge Date Range: 1/1/2020 to 6/30/2024

Total 7-Day C2C Rate: 45.5% to 81.8%
Total 30-Day C2C Rate: 52.9% to 95.2%



64.2% 7-Day C2C Rate	179 7-Day C2C Count	77.1% 30-Day C2C Rate	215 30-Day C2C Count
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*Data Source: Claims
† Historical C2C data available from 1/1/20, and Q2 2024 is the most recent full-quarter capture of the data due to claims

Chapter

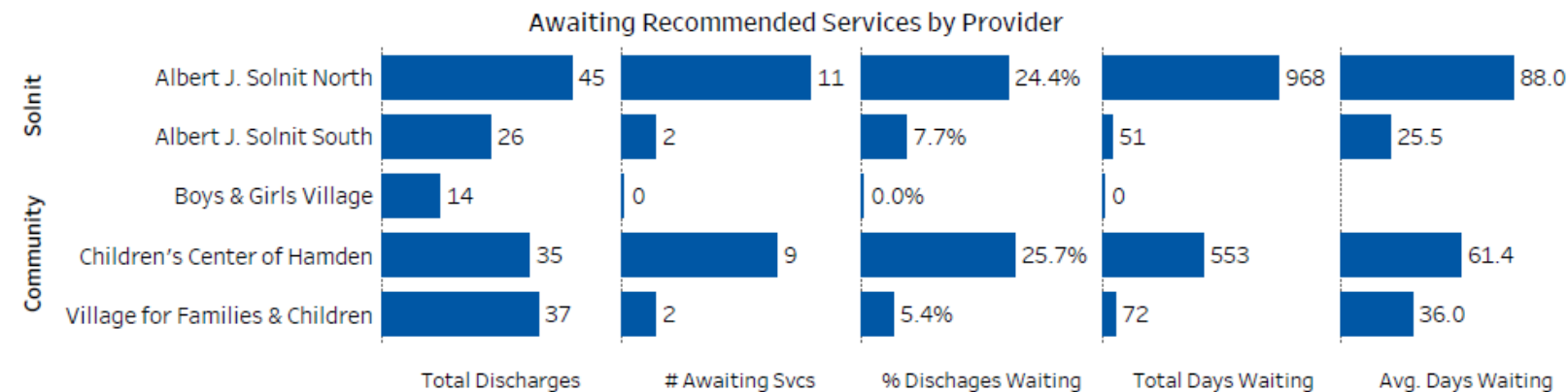
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Psychiatric Residential Treatment Facilities

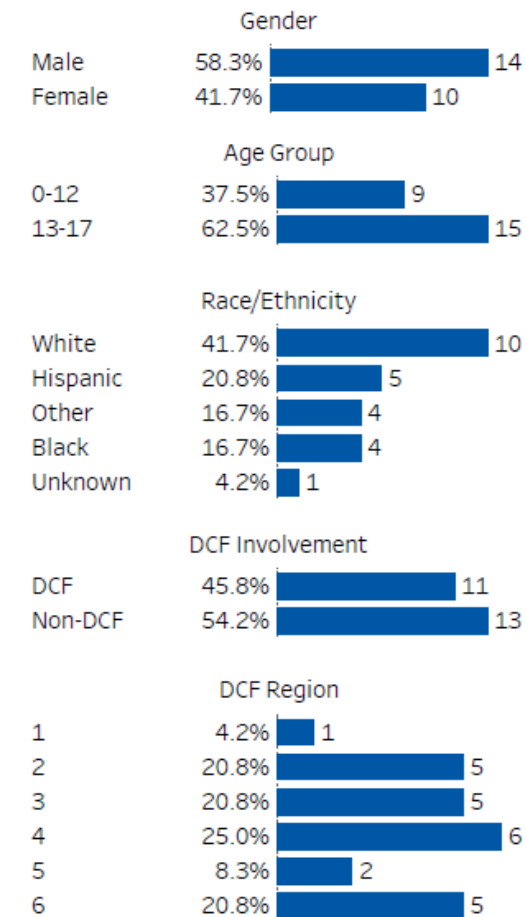
Including:

- **Awaiting Placement**

Psychiatric Treatment Facilities (PRTF) (ages 6-17) Awaiting Services*: Calendar Year 2023



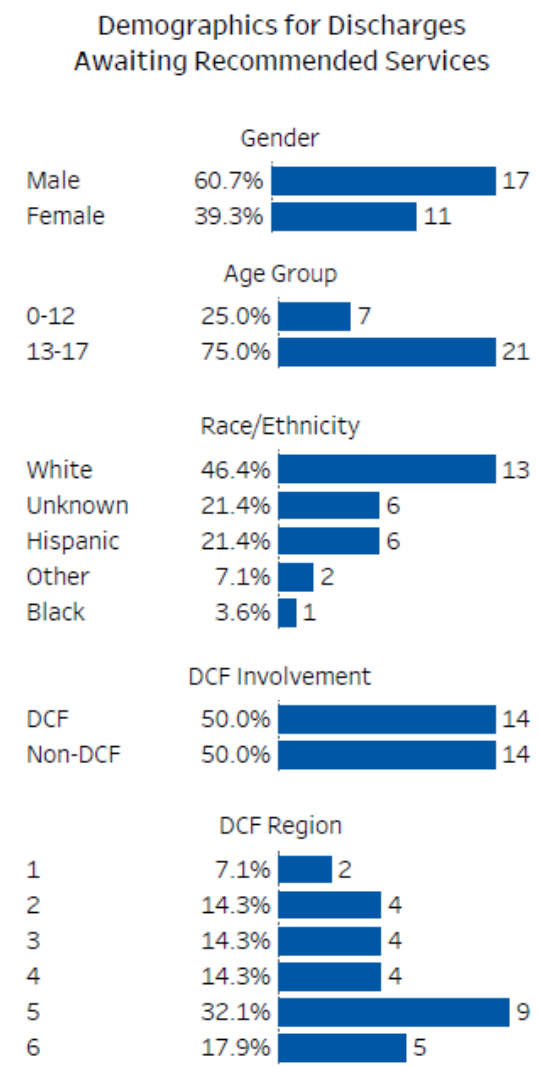
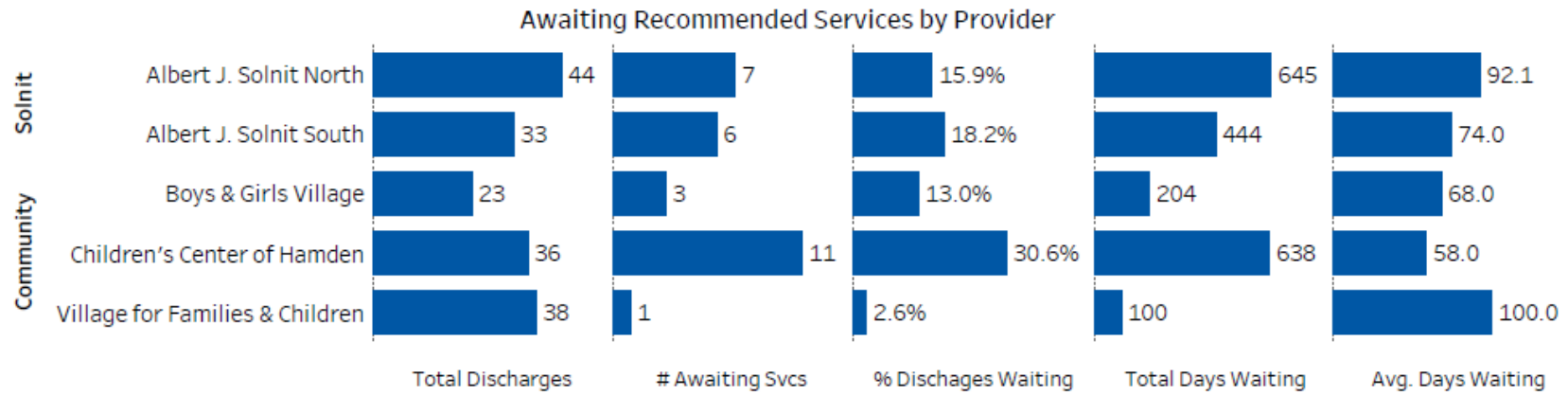
Demographics for Discharges Awaiting Recommended Services



Awaiting Recommended Services by Reason

	# Awaiting Svcs	% Discharges Waiting	Total Days Waiting	Avg Days Waiting
Therap. Foster Care	3	12.5%	289	96.3
RTC	4	16.7%	300	75.0
Educa Prog Not Deter	3	12.5%	135	45.0
MDFT	1	4.2%	25	25.0
GH 2.0	4	16.7%	517	129.3
IICAPS	1	4.2%	14	14.0
Aw Comm Serv - Other I..	1	4.2%	174	174.0
Aw PI - StateHosp	2	8.3%	69	34.5
EDT	1	4.2%	9	9.0
Going Home	2	8.3%	87	43.5
IOP	1	4.2%	17	17.0
Other DCF Funded Svcs	1	4.2%	8	8.0
All Services	24	100.0%	1,644	68.5

Psychiatric Treatment Facilities (PRTF) (ages 6-17) Awaiting Services*: Calendar Year 2024 to-date



Awaiting Recommended Services by Reason

Reason	# Awaiting Svcs	% Discharges Waiting	Total Days Waiting	Avg Days Waiting
Therap. Foster Care	8	29.6%	1,147	143.4
RTC	2	7.4%	92	46.0
Educa Prog Not Deter	5	18.5%	155	31.0
GH 2.0	4	14.8%	348	87.0
IICAPS	6	22.2%	194	32.3
Aw Comm Serv - Other I..	1	3.7%	60	60.0
Aw PI - StateHosp	1	3.7%	7	7.0
All Services	27	100.0%	2,003	74.2

Thank You

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