

DCF Behavioral Health Supports for Young Children and Their Families

- DCF works collaboratively with OEC on initiatives pertaining to the well being of young children
- Interventions for young children are provided in the context of the relationship between the child and their caregivers
- Although many families come to the attention of DCF via the Department's Child Welfare mandate, DCF's Behavioral Health supports are available to families regardless of other DCF involvement.

Early Childhood Consultation Program

- The Early Childhood Consultation Partnership (ECCP®) is a statewide, evidence-based, mental health consultation program designed to meet the social and emotional needs of children birth to five in early care or education settings. The program builds the capacity of caregivers at an individual, family, classroom, or center-wide level. It provides support, education, and consultation to caregivers in order to promote enduring and optimal outcomes for young children.
- The three tiers are identified as **Level 1: Triage and Referral; Level 2: Phone Consultation; Level 3: Child Intervention; and Level 3: Center Wide Intervention.** All callers begin at Levels 1: Triage and Referral and may either be completed at this level or move into the next two levels depending on the needs of the caller. The caller could be referred to other services at that point of contact, be referred to Level 2: Phone Consultation, or referred to Level 3 Service type.
- DCF contracts with Advanced Behavioral Health (ABH) who then subcontracts with community providers across the state.

Therapeutic Child Care

- Utilizes the Center for Social Policy's Strengthening Families Approach and Protective Factors Framework as well as the Attachment, Self-Regulation and Competency (ARC) treatment framework
- The Childcare settings take a family-centered approach in which families and professionals collaborate to improve outcomes for children, and in particular, facilitate children's transition to a less intensive early/care environment.

Geographic Region	Provider	Annual Capacity
Bridgeport	Alliance for Community Empowerment	30
New Britain	Wheeler Clinic	12

Parenting Support Services

- Parenting Support Services (PSS) is a service for families with children 0-18 years-of-age to support and enhance positive family functioning. Families receive one or more of the PSS interventions along with case management services using the Wraparound philosophy and process. PSS offers the evidenced-based model, Level 4 Triple P (Positive Parenting Program®) and the Circle of Security Parenting© intervention.
- Triple P helps parents become resourceful problem solvers and be able to create a positive and safe home learning environment for children to develop emotional, behavioral, and cognitive strengths.
- Circle of Security Parenting (COS) is designed to build, support, and strengthen parents' relationship capabilities so they are better equipped to provide a quality of relationship that is more supportive of secure attachment.
- If needed, families may receive more than one PSS intervention.

Geographic Region	Agency	Annual Capacity
Brdgeport / Norwalk	Boys & Girls Village	210
Meriden	Catholic Charities Archdiocese of Hartford	255
Norwich	Community Health Resources	120
Manchester / Enfield	Community Health Resources	195
Danbury	Community Mental Health Affiliates	90
Waterbury	Community Mental Health Affiliates	120
New Haven	Family Centered Services	165
Torrington	McCall Foundation	75
Middletown	Middlesex Hospital	120
Hartford	St. Francis Hospital	330
Willimantic Area	United Services	165

Family Based Recovery (FBR)

- FBR is an intensive, in-home clinical treatment program for families with children (birth to 5 years old inclusive) who are at risk for abuse and/or neglect, poor developmental outcomes and removal from their home due to parental substance use. The team provides individual, couple and family therapy; promotes positive parent-child interaction for secure attachment; works to increase a parent's awareness and understanding of child development; provides case management services and conducts weekly relapse prevention and parenting groups.

Geographic Region	Provider	Annual Capacity
New Haven / Milford	Yale Child Study Center	24
Hartford / Manchester	The Village for Families and Children	72
Norwich / Willimantic / Middletown	United Community and Family Services	24
Norwich / Willimantic / Middletown	Community Health Resources	48
Waterbury / Torrington / Danbury	Community Mental Health Affiliates	12
Meriden / New Britain	Community Mental Health Affiliates	24
New Haven / Milford	Family Centered Services	24

Child First

- Child First is a national, evidence-based, two-generation model that works with very challenged young children and families, providing intensive, mental-health, home-visiting services

Geographic Region	Provider	Annual Capacity
Bridgeport	Bridgeport Hospital	120
Torrington	Charlotte Hungerford Hospital	24
New Haven	Clifford Beers Guidance Clinic	48
Stamford	Child Guidance Center of Southern CT	48
Middletown	Middlesex Hospital	48
Norwalk	Mid-Fairfield Child Guidance Center	48
New London / Willimantic	United Community & Family Services	120
Hartford	Village for Families & Children	48
Waterbury	Wellmore	48
New Britain	Wheeler Clinic	48

CT Association for Infant Mental Health (CT-AIMH)

- CT-AIMH works to promote, support and strengthen nurturing, quality relationships for infants, young children and their caregivers, within the context of family, community and culture, through education, advocacy, and professional development.
- CT-AIMH holds an annual 8 topic training series co sponsored by the Department of Children and Families and the Office of Early Childhood with the goal of expanding knowledge around infant mental health, healthy attachment, and the relationship between infants/toddler and their caregivers.
- DCF has the capacity to send 100 individuals annually to this training and send a variety of stakeholders such as Community Partners, Clinicians, and DCF Social Work staff.