

How can LYNC services be accessed?

All LYNC referrals are submitted by the local juvenile probation office.

Contact Information:

New Haven/Waterbury

85 Willow St., New Haven, CT 06511
Bird Building #1, Office: 203.643.6310
228 Meadow St., Waterbury, CT 06702
Office: 203.568.6640

Bridgeport/Stamford

1120 Main St., Bridgeport, CT 06604
Office: 203.368.9755
141 Franklin St., Stamford CT 06901
4 Byington St., Norwalk, CT 06851
Office: 203.368.9760



CONNECTICUT
RENAISSANCE

Licensed and Accredited by



CONNECTICUT
RENAISSANCE

LYNC

LINKING YOUTH
TO NATURAL
COMMUNITIES

Bridgeport/Stamford
and Waterbury/New Haven

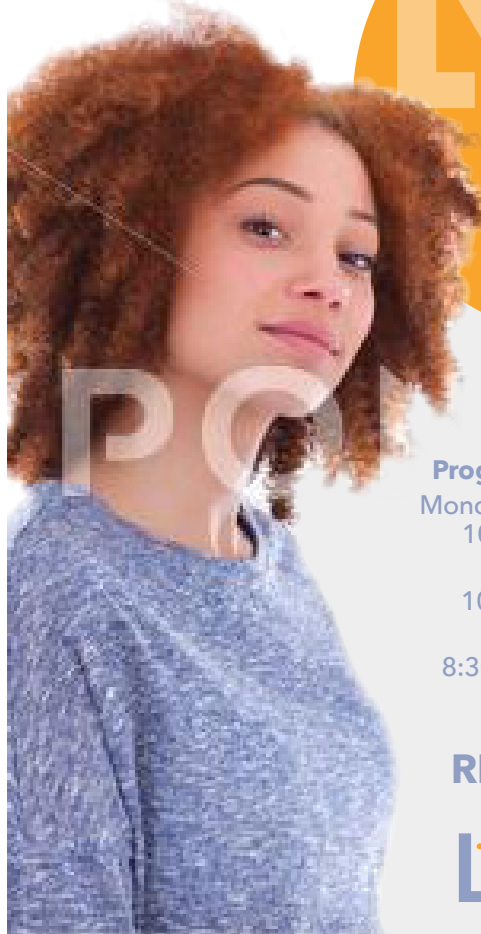


RECLAIM
your
LIFE

www.ctrenaissance.org

LYNC is a center-based program for court-involved youth and their families that supports sustainable behavioral changes by providing an array of evidence-based and evidence-informed services.

LYNC has a strong focus on connecting youth and their families to appropriate community and/or grassroots agencies and natural supports. Community is an essential component of LYNC. LYNC programs work with organizations and people within the individual youth's natural ecology in order to address the needs of the youth and family. LYNC aims to ensure meaningful connections to natural supports that will last past probation and program time and assist in behavior change sustainability.



Program Hours:
Monday - Thursday
10am - 7pm
Friday
10am - 6pm
Saturday
8:30am - 12pm

RECLAIM
your
LIFE

LYNC services include:

Intake, Screening, and Assessments

Care Coordination

Structured Case Management

Individualized Service Planning

**Cognitive-Behavioral Therapy
group interventions**

Short-Term, Individual and Family sessions

Educational and Vocational Services

Life Skills

Community Connections

Transportation

**Access to Flex Funds for basic needs,
prosocial connections, etc.**

Referrals to treatment

**Bilingual services
available**

**CONNECTICUT
RENAISSANCE**

Group Treatment Modalities:

Life Skills: Teaches self care, independence, and aids in adolescent development.

MET/CBT/FSN: A 12-session substance abuse group to aid adolescents in decreasing substance use while working with parents of adolescents involved in substance use to assist with parenting skills.

Seeking Safety for Adolescents: An evidence-based, present-focused counseling model to help both boys and girls attain safety from trauma and/or substance abuse.

ART: A 30-session group treatment for males and females that integrates Social Skills Training, Anger Control and Moral Reasoning in order to decrease aggression and promote pro-social behaviors.

EMPLOY: An 8-session job readiness curriculum to help youth develop vocational skills and prepare them for work.

The Council for Boys and Young Men: A strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years.

Girls' Circle: A structured support group for girls ages 12-18 years that integrates relational theory, resiliency practices, and skills training in a specific format designed to increase positive connection, personal and collective strengths, and competence in girls.