



# RECLAIM *your* LIFE

**ANNUAL REPORT**  
FY 2021-2022

CONNECTICUT  
RENAISSANCE INC.

CONNECTICUT RENAISSANCE

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CONNECTICUT  
RENAISSANCE

*Reclaim your life*

## Dear Friends,

I am honored to be able to share with you the highlights of an extremely successful year. Our 2021-2022 fiscal year saw much growth and significant change at CT Renaissance.

In this year's report, you will read about our **Waterbury West Treatment Program** and our **McAuliffe Center's** expanded level of clinical services under the 1115 Waiver. This conversion brought additional staffing including licensed clinicians and nurses. It has also provided the ability to receive revenue through insurance reimbursements. We are pleased to be able to offer a more clinically comprehensive level of residential care to individuals in need of the treatment of substance use and mental health disorders.

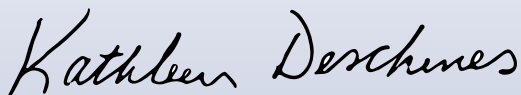
Another exciting venture for CT Renaissance this past year is the expansion of our **Waterbury Outpatient Behavioral Health Clinic** that now includes an onsite partnership with Genoa Pharmacy. Our patients will now be able to receive their individual, group and intensive outpatient treatment and fill their prescriptions...all under one roof!

CT Renaissance conducted a **Staff Satisfaction Survey** which yielded overwhelmingly positive results. Our employees were extremely satisfied with their manager's support; 97.7% of staff reported that they feel respected by their supervisor. Employees reported having trust in their leadership and the direction that the organization is heading.

Over 4700 individuals were served in fiscal year 2021-2022.

In this report, you will learn about the number of services provided among all of our service lines as well as the outcomes achieved. In most areas, we have far exceeded the thresholds! Everything we do at CT Renaissance is motivated by our mission to improve the lives of the individuals and families we serve. I am grateful for our diligent and dedicated staff and I want to extend a special thanks to our Board of Directors for their leadership and oversight. I am proud to be at the helm of CT Renaissance where our singular focus is to help our clients **Reclaim their Lives.**

Thank you for your interest in CT Renaissance,



Kathleen Deschenes



Kathleen Deschenes, LMSW  
Chief Executive Officer

## OUR MISSION

THE MISSION OF CONNECTICUT RENAISSANCE IS TO HELP ADULTS AND ADOLESCENTS AFFECTED BY BEHAVIORAL HEALTH DISORDERS OR CRIMINAL JUSTICE INVOLVEMENT TO IMPROVE THEIR OVERALL HEALTH AND WELL-BEING IN ORDER TO RECLAIM THEIR LIVES.

## OUR PROGRAMS

### ADOLESCENT SERVICES

#### **Linking Youth to Natural Communities (LYNC)**

is a program that provides services to adolescents and their families who are involved in the court system and struggling with substance use, anger management, trauma and/or family issues. Offices are located in Bridgeport, New Haven, Stamford and Waterbury.

### OUTPATIENT SERVICES

#### **Behavioral Health Clinics in Bridgeport, Norwalk, and Waterbury**

provide services to individuals 13 years of age and over with addiction, mental health, co-occurring disorders, trauma and gambling issues. The clinics accept Medicaid and Commercial Insurances or sliding scale for the uninsured. The ASIST Program, at our Bridgeport and Waterbury locations, provides services, which are criminogenic and clinical in nature in a supervised, community-based alternative to incarceration.

### WATERBURY WEST RESIDENTIAL TREATMENT CENTER

Located in Waterbury, this **Clinically Managed-High-Intensity Residential program** provides services to men 18 years of age and over who are in need of substance use treatment. Services include individual and group counseling, nursing care, psychoeducation, 12-Step meetings, case management and life skills training.

### McAULIFFE CENTER FOR CO-OCCURRING DISORDERS

Our **Co-Occurring Medically-Monitored Intensive residential program** is located in Waterbury and services men 18 and older. This program provides clinical care that targets the clients' acute behavioral health and substance use needs. Services include individual and group therapy, nursing care, psychoeducation (help people become accustomed to living with mental health conditions), family therapy, and medication management. If needed, clients are sometimes referred to longer-term programs.

### DWI/DUI DRUG EDUCATION PROGRAMS

This program serves first-time DWI/DUI offenders utilizing a **12-session education program**. Evaluations and group education programs are held in Bridgeport, Norwalk and Stamford.

### COMMUNITY WORK RELEASE PROGRAMS

Connecticut Renaissance operates **work release programs in both Bridgeport and Waterbury**. These programs help individuals transitioning from incarceration back into the community. Clients work with their case manager on life skills and with a job developer to seek and obtain employment. Clients are also referred for behavioral and mental health services if needed.

## 1115 Waiver

In April 2022, via a partnership between CTBHP/ DDS, DMHAS and DCF, the state of Connecticut gained approval from the Centers for Medicare and Medicaid Services for an 1115 demonstration waiver, which newly allows Medicaid reimbursement of residential substance use services in CT and implements enhanced clinical standards for providers of such treatment, including our **McAuliffe Center** and **Waterbury West** programs. In transitioning to this fee-for-service model, our residential programs have two years to meet a variety of new requirements, such as increased staffing (to include nursing, medical and peer support staff and additional licensed clinicians), utilization of the standards of the American Society of Addiction Medicine (ASAM) and enhanced clinical and psychoeducational programming.

While we continue to maintain contracts with DMHAS and CSSD for our residential programs, the change in reimbursement structure has afforded the opportunity to open community access to beds at Waterbury West, and to strengthen our staffing and clinical services in our residential programs. Additionally, both programs now offer a variable length of stay based on person-centered needs.

The goal of the demonstration is to create a comprehensive continuum of substance use disorder treatment services throughout the state, with increased access to appropriate levels of care, improved care coordination and transitions between levels of care, and use of nationally recognized, evidence-based, program and placement standards. Accordingly, the waiver implementation also impacts our substance use Intensive Outpatient Programs, which will receive an enhanced Medicaid rate under the waiver and meet must new requirements such as utilization of the ASAM standards, increased emphasis on integrated care, and enhanced service coordination. These changes benefit our clients by supporting improved access, universal standards for level of care placement, increased engagement and retention in treatment, fewer readmissions, and ultimately, a reduction in overdose deaths.

## ABHS Contract

JBCSSD has awarded Connecticut Renaissance a contract to operate the Adult Behavioral Health Services (ABHS) Program in Bridgeport. This Program provides a range of evidence-based behavioral health services to justice-involved men and women 18 years and older with substance use, mental health and/or co-occurring issues. Our Bridgeport Clinic will provide outpatient and intensive outpatient services to up to 100 ABHS clients per month with the goal of minimizing continued involvement in the criminal justice system by providing access to quality treatment. Connecticut Renaissance has a long history of providing ABHS services to address the needs of this population and supports their recovery and community reintegration. The ABHS program offers a range of interventions that are gender-responsive, trauma-informed and culturally responsive, including individual and group therapy, intensive outpatient services, medication management, urine toxicology monitoring, collaboration with referral sources and service coordination.

## Waterbury Clinic Expansion and Genoa Pharmacy

In the Summer of 2022, the Waterbury Outpatient Behavioral Health Clinic moved to its new location allowing for expansion of clinical services and a new partnership with Genoa Pharmacy. In the new location, the clinic was able to increase the clinical team, offer larger group room space and allowed for a pharmacy to join our growing team. Newly renovated and thoughtfully designed with our clients in mind, CT Renaissance has been able to provide a treatment space that is welcoming, healing and inspiring. Genoa pharmacy specializes in the integration into behavioral health clinics in order to manage the unique needs of our clients. They are able to build individual relationships with our prescribers, clinical team and clients in a personalized manner that promotes recovery and independence. This unique offering enhances the services that we can deliver to the community, reduces hospitalizations and increases medication compliance for both psychiatric and medical conditions. Together with Genoa Pharmacy, our clinical services continue to support the Waterbury community and offer open access to services. We pride ourselves on taking care of the Waterbury community and this new space allows us to continue our mission—helping clients reclaim their lives!

# WHERE WE ARE

- 1 141 Franklin St., Stamford
- 2 4 Byington Place, Norwalk
- 3 1120 Main St., Bridgeport
- 4 1126 Main St., Bridgeport
- 5 565-585 Maple St., Bridgeport
- 6 85 Willow St., New Haven
- 7 31 Wolcott St., Waterbury
- 8 525 Wolcott St., Waterbury
- 9 24 Central Ave., Waterbury
- 10 70 Central Ave., Waterbury
- 11 466 W. Main St., Waterbury
- 12 228 Meadow St., Waterbury



*"The staff goes above and beyond to make us feel comfortable. I'm proud that I completed this program. I appreciate all the staff here because of the tools they taught me. I have a better outlook on my recovery to stay clean and sober and take back my life."*

**CONNECTICUT RENAISSANCE**

**HEADQUARTERS**  
1 Waterview Drive  
Suite 202  
Shelton, CT

## WHO WE SERVED

**35,208**  
*Group*  
**COUNSELING SESSIONS**

Bridgeport Clinic **4,659**  
Waterbury Clinic **8,164**  
Norwalk Clinic **18**  
Stamford Clinic **4,641**  
McAuliffe **14,625**  
West **2,001**  
LYNC 2 **655**  
LYNC 5 **805**

**9,750**  
*Individual*  
**COUNSELING SESSIONS**

Bridgeport Clinic **1,264**  
Waterbury Clinic **1,799**  
Norwalk Clinic **484**  
Stamford Clinic **1,282**  
McAuliffe **1,757**  
West **814**  
LYNC 2 **921**  
LYNC 5 **1,429**

**1,635**  
*Clients with an*  
**ADDICTION SERVED**

Between July 1, 2021 and June 31, 2022, CT Renaissance served adults and adolescents affected by behavioral health disorders or criminal justice involvement.

**TOTAL # OF CLIENTS SERVED**

**4,749**

Maple **120**  
East **130**  
Central **92**  
McAuliffe **143**  
West **150**  
Bridgeport Clinic **599**  
Waterbury Clinic **1,009**  
Norwalk Clinic **91**  
Stamford Clinic **744**  
LYNC 2 **93**  
LYNC 5 **163**  
DWI **1,415**

*"Great IOP, really helped me understand my addiction. I love the services I received. It helped get my life back on track."*

**15,590**  
*Nights spent in*  
**RESIDENTIAL**

*Admissions*  
**1,713**  
**TOTAL**

Bridgeport Clinic **254**  
Waterbury Clinic **378**  
Norwalk Clinic **86**  
Stamford Clinic **446**  
McAuliffe **143**  
West **150**  
LYNC 2 **93**  
LYNC 5 **163**

**1,646**  
*Telehealth*  
**SESSIONS**

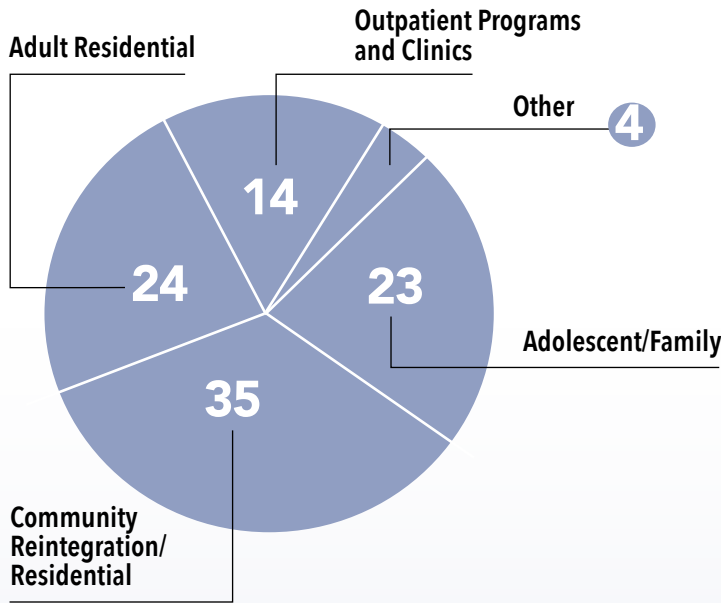
Bridgeport Clinic **2,799**  
Waterbury Clinic **5,744**  
Norwalk Clinic **132**  
Stamford Clinic **3,323**  
LYNC 2 **1,571**  
LYNC 5 **2,341**

**15,913**  
*Outpatient*  
**VISITS**

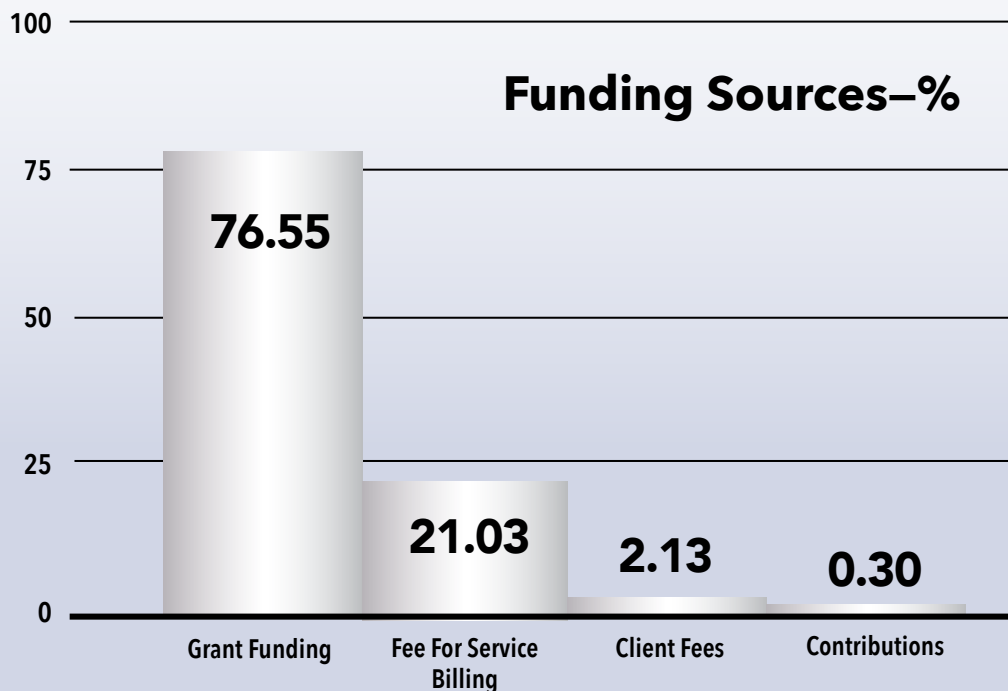
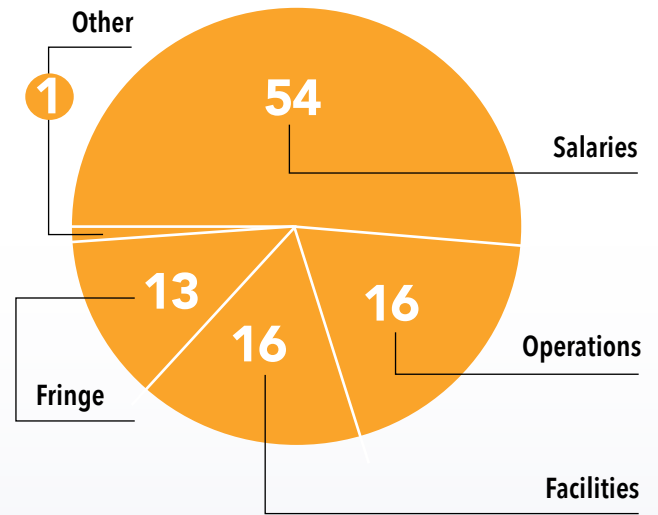
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## Programs—%



## Expenses—%



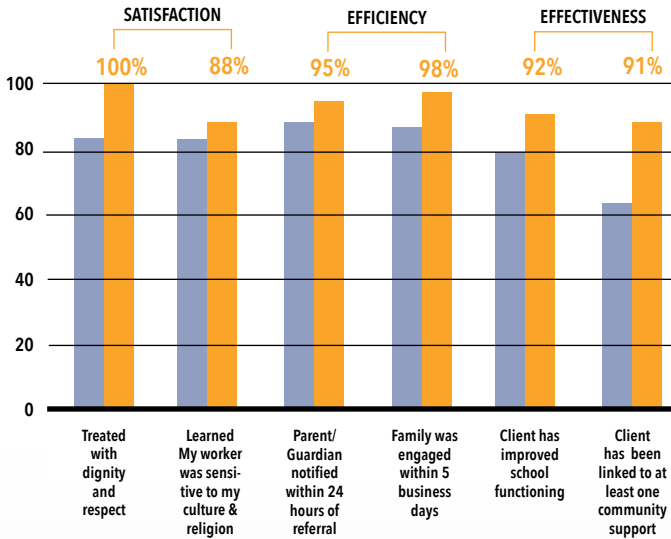


# PROGRAM OUTCOMES



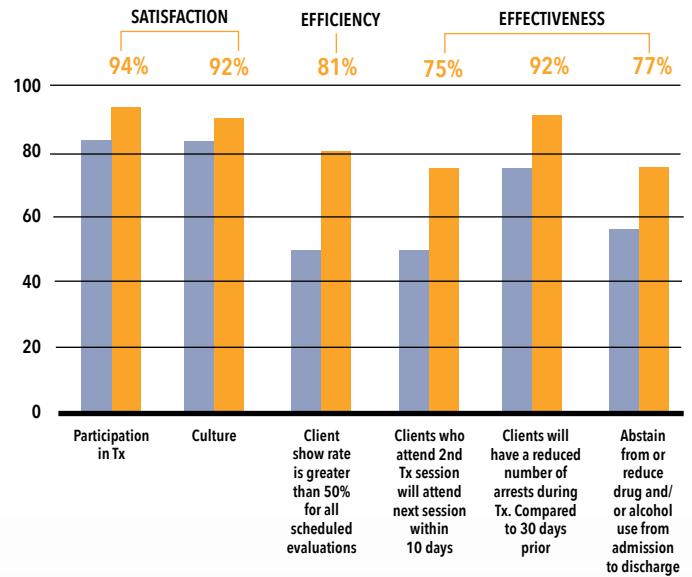
## Adolescent

THRESHOLD LYNC



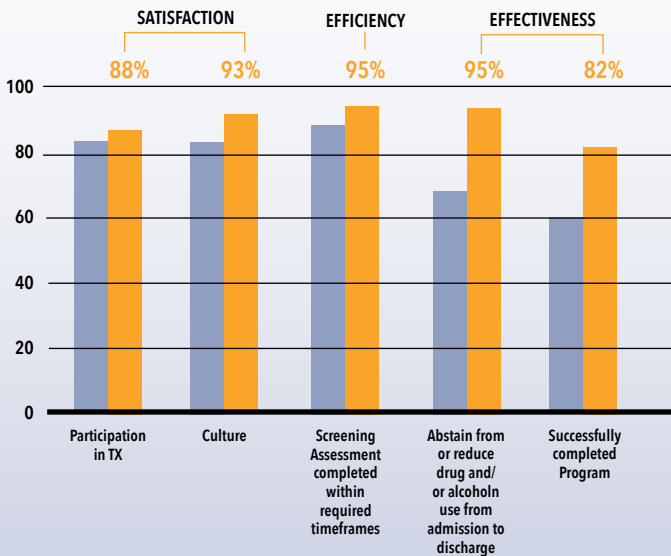
## Outpatient

THRESHOLD OP/IOP



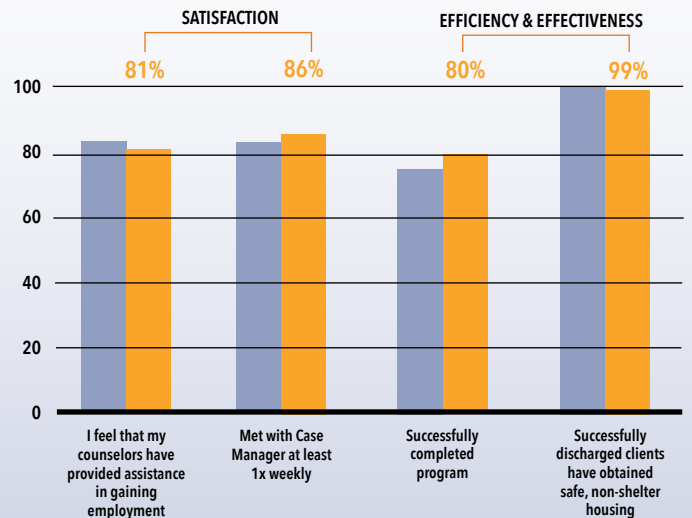
## Residential

THRESHOLD COMBINED



## Work Release

THRESHOLD WR



# thank you

## TO OUR GENEROUS DONORS

### \$5,000-\$10,000

Connecticut Community Foundation

Foxwoods—  
to support Gambling Treatment

Watkinson Prisoner's Aid Society

### \$1,000-\$4,999

Katherine Jacullo/*Vanguard Charitable*—a grant from the Peter and Jeanne charitable fund in honor of Kathleen Deschenes

William Malloy

Ralph and Kathleen DePanfilis

Ralph Monti

Joseph Riker

Chris Soleau & Associates

### \$200-\$999

Alecia Andrews

Best Oil

CT Community Foundation

Fred Frassineli / FBN 1126, LLC

Pamela Guardo/Bryan Hall

Hawkeye Communications/Joe Calderella

Richard Hill

David Marsh

Berchem Moses

MW Construction & Remodeling LLC

United Way

Workers' Compensation Trust



### UP TO \$199

Charities Aid Foundation of America (CAF)

Debbie Clancy

Carmen R. Cornacchia

Marsha D. Daria

Marlene DeBellis

Laura Denis

Kathleen Deschenes

Facebook payment  
—Anonymous Donor

Adam Kalendar

Richard/Maud MacArthur

John and Chery Maher

Lisa Parisi

Annette J. Schweitzer

# CONNECTICUT RENAISSANCE

## EXECUTIVE LEADERSHIP

KATHLEEN DESCHENES, LMSW  
Chief Executive Officer

DENIS SHPITS  
Chief Financial Officer

DAWN PATSTON, LMFT, AADC  
Chief Operating Officer

## CONTACT INFORMATION

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**[www.ctrenaissance.org](http://www.ctrenaissance.org)**

Like us on Facebook:

<http://www.facebook.com/CTRenaissance>

## BOARD OF DIRECTORS

ALECIA ANDREWS  
Chair

MARLENE DE BELLIS, LCSW-SCSA  
Vice President

JOSEPH RIKER  
Treasurer

DEBBIE CLANCY  
Secretary

DAVID MARSH

Advisory Board Members

DOM GIGLIO  
MARLY LEBEAU

## LICENSING AND ACCREDITATION



## MAJOR FUNDING SOURCES



*"This program is helping me with long term goals. Wonderful place to grow.*

*Thank you to all the staff. They help me with everything. I have a CDL license and a good job. God bless you.*

*I believe I am a better person and have benefited from the entire experience at CT Renaissance."*

# RECLAIM *YOUR* LIFE



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RENAISSANCE