RECLAIM your LIFE

ANNUAL REPORT
FY 2021-2022

CONNECTICUT RENAISSANCE INC.
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Letter from the CEO</td>
<td>3</td>
</tr>
<tr>
<td>Mission Statement</td>
<td>4</td>
</tr>
<tr>
<td>Our Programs</td>
<td>4</td>
</tr>
<tr>
<td>New Announcements</td>
<td>5</td>
</tr>
<tr>
<td>Regions Served</td>
<td>6</td>
</tr>
<tr>
<td>Individuals Served</td>
<td>7</td>
</tr>
<tr>
<td>Financial Summary</td>
<td>8</td>
</tr>
<tr>
<td>Program Outcomes</td>
<td>9</td>
</tr>
<tr>
<td>Donors</td>
<td>10</td>
</tr>
<tr>
<td>Leadership/Board of Directors</td>
<td>11</td>
</tr>
<tr>
<td>Contact Information</td>
<td>11</td>
</tr>
<tr>
<td>Licensing &amp; Accreditation</td>
<td>11</td>
</tr>
</tbody>
</table>
Dear Friends,

I am honored to be able to share with you the highlights of an extremely successful year. Our 2021-2022 fiscal year saw much growth and significant change at CT Renaissance.

In this year’s report, you will read about our Waterbury West Treatment Program and our McAuliffe Center’s expanded level of clinical services under the 1115 Waiver. This conversion brought additional staffing including licensed clinicians and nurses. It has also provided the ability to receive revenue through insurance reimbursements. We are pleased to be able to offer a more clinically comprehensive level of residential care to individuals in need of the treatment of substance use and mental health disorders.

Another exciting venture for CT Renaissance this past year is the expansion of our Waterbury Outpatient Behavioral Health Clinic that now includes an onsite partnership with Genoa Pharmacy. Our patients will now be able to receive their individual, group and intensive outpatient treatment and fill their prescriptions...all under one roof!

CT Renaissance conducted a Staff Satisfaction Survey which yielded overwhelmingly positive results. Our employees were extremely satisfied with their manager’s support; 97.7% of staff reported that they feel respected by their supervisor. Employees reported having trust in their leadership and the direction that the organization is heading.

Over 4700 individuals were served in fiscal year 2021-2022. In this report, you will learn about the number of services provided among all of our service lines as well as the outcomes achieved. In most areas, we have far exceeded the thresholds! Everything we do at CT Renaissance is motivated by our mission to improve the lives of the individuals and families we serve. I am grateful for our diligent and dedicated staff and I want to extend a special thanks to our Board of Directors for their leadership and oversight. I am proud to be at the helm of CT Renaissance where our singular focus is to help our clients Reclaim their Lives.

Thank you for your interest in CT Renaissance,

Kathleen Deschenes

CT RENAISSANCE, INC. ANNUAL REPORT FY 2021-2022
OUR MISSION

THE MISSION OF CONNECTICUT RENAISSANCE IS TO HELP ADULTS AND ADOLESCENTS AFFlicted BY BEHAVIORAL HEALTH DISORDERS OR CRIMINAL JUSTICE INVOLVEMENT TO IMPROVE THEIR OVERALL HEALTH AND WELL-BEING IN ORDER TO RECLAIM THEIR LIVES.

OUR PROGRAMS

ADOLESCENT SERVICES
Linking Youth to Natural Communities (LYNC) is a program that provides services to adolescents and their families who are involved in the court system and struggling with substance use, anger management, trauma and/or family issues. Offices are located in Bridgeport, New Haven, Stamford and Waterbury.

OUTPATIENT SERVICES
Behavioral Health Clinics in Bridgeport, Norwalk, and Waterbury provide services to individuals 13 years of age and over with addiction, mental health, co-occurring disorders, trauma and gambling issues. The clinics accept Medicaid and Commercial Insurances or sliding scale for the uninsured. The ASIST Program, at our Bridgeport and Waterbury locations, provides services, which are criminogenic and clinical in nature in a supervised, community-based alternative to incarceration.

WATERBURY WEST RESIDENTIAL TREATMENT CENTER
Located in Waterbury, this Clinically Managed-High-Intensity Residential program provides services to men 18 years of age and over who are in need of substance use treatment. Services include individual and group counseling, nursing care, psychoeducation, 12-Step meetings, case management and life skills training.

McAULIFFE CENTER FOR CO-OCCURRING DISORDERS
Our Co-Occurring Medically-Monitored Intensive residential program is located in Waterbury and services men 18 and older. This program provides clinical care that targets the clients’ acute behavioral health and substance use needs. Services include individual and group therapy, nursing care, psychoeducation (help people become accustomed to living with mental health conditions), family therapy, and medication management. If needed, clients are sometimes referred to longer-term programs.

DWI/DUI DRUG EDUCATION PROGRAMS
This program serves first-time DWI/DUI offenders utilizing a 12-session education program. Evaluations and group education programs are held in Bridgeport, Norwalk and Stamford.

COMMUNITY WORK RELEASE PROGRAMS
Connecticut Renaissance operates work release programs in both Bridgeport and Waterbury. These programs help individuals transitioning from incarceration back into the community. Clients work with their case manager on life skills and with a job developer to seek and obtain employment. Clients are also referred for behavioral and mental health services if needed.
1115 Waiver
In April 2022, via a partnership between CTBHP/DDS, DMHAS and DCF, the state of Connecticut gained approval from the Centers for Medicare and Medicaid Services for an 1115 demonstration waiver, which newly allows Medicaid reimbursement of residential substance use services in CT and implements enhanced clinical standards for providers of such treatment, including our McAuliffe Center and Waterbury West programs. In transitioning to this fee-for-service model, our residential programs have two years to meet a variety of new requirements, such as increased staffing (to include nursing, medical and peer support staff and additional licensed clinicians), utilization of the standards of the American Society of Addition Medicine (ASAM) and enhanced clinical and psychoeducational programming.

While we continue to maintain contracts with DMHAS and CSSD for our residential programs, the change in reimbursement structure has afforded the opportunity to open community access to beds at Waterbury West, and to strengthen our staffing and clinical services in our residential programs. Additionally, both programs now offer a variable length of stay based on person-centered needs.

The goal of the demonstration is to create a comprehensive continuum of substance use disorder treatment services throughout the state, with increased access to appropriate levels of care, improved care coordination and transitions between levels of care, and use of nationally recognized, evidence-based, program and placement standards. Accordingly, the waiver implementation also impacts our substance use Intensive Outpatient Programs, which will receive an enhanced Medicaid rate under the waiver and meet must new requirements such as utilization of the ASAM standards, increased emphasis on integrated care, and enhanced service coordination. These changes benefit our clients by supporting improved access, universal standards for level of care placement, increased engagement and retention in treatment, fewer readmissions, and ultimately, a reduction in overdose deaths.

ABHS Contract
JBCSSD has awarded Connecticut Renaissance a contract to operate the Adult Behavioral Health Services (ABHS) Program in Bridgeport. This Program provides a range of evidence-based behavioral health services to justice-involved men and women 18 years and older with substance use, mental health and/or co-occurring issues. Our Bridgeport Clinic will provide outpatient and intensive outpatient services to up to 100 ABHS clients per month with the goal of minimizing continued involvement in the criminal justice system by providing access to quality treatment. Connecticut Renaissance has a long history of providing ABHS services to address the needs of this population and supports their recovery and community reintegration. The ABHS program offers a range of interventions that are gender-responsive, trauma-informed and culturally responsive, including individual and group therapy, intensive outpatient services, medication management, urine toxicology monitoring, collaboration with referral sources and service coordination.

Waterbury Clinic Expansion and Genoa Pharmacy
In the Summer of 2022, the Waterbury Outpatient Behavioral Health Clinic moved to its new location allowing for expansion of clinical services and a new partnership with Genoa Pharmacy. In the new location, the clinic was able to increase the clinical team, offer larger group room space and allowed for a pharmacy to join our growing team. Newly renovated and thoughtfully designed with our clients in mind, CT Renaissance has been able to provide a treatment space that is welcoming, healing and inspiring. Genoa pharmacy specializes in the integration into behavioral health clinics in order to manage the unique needs of our clients. They are able to build individual relationships with our prescribers, clinical team and clients in a personalized manner that promotes recovery and independence. This unique offering enhances the services that we can deliver to the community, reduces hospitalizations and increases medication compliance for both psychiatric and medical conditions. Together with Genoa Pharmacy, our clinical services continue to support the Waterbury community and offer open access to services. We pride ourselves on taking care of the Waterbury community and this new space allows us to continue our mission—helping clients reclaim their lives!
WHERE WE ARE

1 141 Franklin St., Stamford
2 4 Byington Place, Norwalk
3 1120 Main St., Bridgeport
4 1126 Main St., Bridgeport
5 565-585 Maple St., Bridgeport
6 85 Willow St., New Haven
7 31 Wolcott St., Waterbury
8 525 Wolcott St., Waterbury
9 24 Central Ave., Waterbury
10 70 Central Ave., Waterbury
11 466 W. Main St., Waterbury
12 228 Meadow St., Waterbury

"The staff goes above and beyond to make us feel comfortable. I'm proud that I completed this program. I appreciate all the staff here because of the tools they taught me. I have a better outlook on my recovery to stay clean and sober and take back my life."
Between July 1, 2021 and June 31, 2022, CT Renaissanc served adults and adolescents affected by behavioral health disorders or criminal justice involvement.

35,208 Group COUNSELING SESSIONS
- Bridgeport Clinic: 4,659
- Waterbury Clinic: 8,164
- Norwalk Clinic: 18
- Stamford Clinic: 4,641
- McAuliffe: 14,625
- West: 2,001
- LYNC 2: 655
- LYNC 5: 805

1,713 TOTAL Admissions
- Bridgeport Clinic: 254
- Waterbury Clinic: 378
- Norwalk Clinic: 86
- Stamford Clinic: 446
- McAuliffe: 143
- West: 150
- LYNC 2: 93
- LYNC 5: 163

4,749 TOTAL # OF CLIENTS SERVED
- Bridgeport Clinic: 254
- Waterbury Clinic: 378
- Norwalk Clinic: 86
- Stamford Clinic: 446
- McAuliffe: 143
- West: 150
- LYNC 2: 93
- LYNC 5: 163

9,750 Individual COUNSELING SESSIONS
- Bridgeport Clinic: 1,264
- Waterbury Clinic: 1,799
- Norwalk Clinic: 484
- Stamford Clinic: 1,282
- McAuliffe: 1,757
- West: 814
- LYNC 2: 921
- LYNC 5: 1,429

1,646 Telehealth SESSIONS
- Bridgeport Clinic: 2,799
- Waterbury Clinic: 5,744
- Norwalk Clinic: 132
- Stamford Clinic: 3,323
- LYNC 2: 1,571
- LYNC 5: 2,341

15,590 Nights spent in RESIDENTIAL
- Bridgeport Clinic: 254
- Waterbury Clinic: 378
- Norwalk Clinic: 86
- Stamford Clinic: 446
- McAuliffe: 143
- West: 150
- LYNC 2: 93
- LYNC 5: 163

1,635 Clients with an ADDICTION SERVED
- Bridgeport Clinic: 2,799
- Waterbury Clinic: 5,744
- Norwalk Clinic: 132
- Stamford Clinic: 3,323
- LYNC 2: 1,571
- LYNC 5: 2,341

"Great IOP, really helped me understand my addiction. I love the services I received. It helped get my life back on track."

CONNECCTICUT RENAISSANCE, INC. ANNUAL REPORT FY 2021-2022
FINANCIAL SUMMARY

Programs—%:
- Adult Residential: 35%
- Outpatient Programs and Clinics: 24%
- Adolescent/Family: 23%
- Community Reintegration/Residential: 14%
- Other: 4%

Expenses—%:
- Salaries: 54%
- Operations: 16%
- Facilities: 16%
- Fringe: 13%
- Other: 1%

Funding Sources—%:
- Grant Funding: 76.55%
- Fee For Service Billing: 21.03%
- Client Fees: 2.13%
- Contributions: 0.30%
PROGRAM OUTCOMES

Adolescent

SATISFACTION
100% 88%

THRESHOLD LYNC

EFFICIENCY
95% 98%

EFFECTIVENESS
92% 91%

- Treated with dignity and respect
- Learned My worker was sensitive to my culture & religion
- Parent/Guardian notified within 24 hours of referral
- Family was engaged within 5 business days
- Client has improved school functioning
- Client has been linked to at least one community support

Outpatient

SATISFACTION
94% 92%

THRESHOLD OP/IOP

EFFICIENCY
81% 75%

EFFECTIVENESS
92% 77%

- Participation in Tx
- Culture
- Client show rate is greater than 50% for all scheduled evaluations
- Clients who attend 2nd Tx session will attend next session within 10 days
- Clients will have a reduced number of arrests during Tx. Compared to 30 days prior
- Abstain from or reduce drug and/or alcohol use from admission to discharge

Residential

SATISFACTION
88% 93%

THRESHOLD Combined

EFFICIENCY
95% 95%

EFFECTIVENESS
95% 82%

- Participation in Tx
- Culture
- Screening Assessment completed within required timeframes
- Abstain from or reduce drug and/or alcohol use from admission to discharge
- Successfully completed Program

Work Release

SATISFACTION
81% 86%

THRESHOLD WR

EFFICIENCY & EFFECTIVENESS
80% 99%

- I feel that my counselors have provided assistance in gaining employment
- Met with Case Manager at least 1x weekly
- Successfully completed program
- Successfully discharged clients have obtained safe, non-shelter housing
thank you

TO OUR GENEROUS DONORS

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<th>$5,000-$10,000</th>
<th>$1,000-$4,999</th>
<th>$200-$999</th>
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<td>Connecticut Community Foundation</td>
<td>Katherine Jacullo/Vanguard Charitable—a grant from the Peter and Jeanne charitable fund in honor of Kathleen Deschenes</td>
<td>Alecia Andrews</td>
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<td>Foxwoods—to support Gambling Treatment</td>
<td>William Malloy</td>
<td>Best Oil</td>
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<td>Watkinson Prisoner’s Aid Society</td>
<td>Ralph and Kathleen DePanfilis</td>
<td>CT Community Foundation</td>
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<td>Ralph Monti</td>
<td>Fred Frassineli / FBN 1126, LLC</td>
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<td>Joseph Riker</td>
<td>Pamela Guardo/Bryan Hall</td>
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<td>Chris Soleau &amp; Associates</td>
<td>Hawkeye Communications/Joe Calderella</td>
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Katherine Jacullo/Vanguard Charitable—a grant from the Peter and Jeanne charitable fund in honor of Kathleen Deschenes
William Malloy
Ralph and Kathleen DePanfilis
Ralph Monti
Joseph Riker
Chris Soleau & Associates

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<td>Richard Hill</td>
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<td>David Marsh</td>
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<td>Berchem Moses</td>
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<td>MW Construction &amp; Remodeling LLC</td>
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<td>United Way</td>
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<td>Workers’ Compensation Trust</td>
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UP TO $199

| Charities Aid Foundation of America (CAF) | Facebook payment —Anonymous Donor |
| Debbie Clancy | Adam Kalendar |
| Carmen R. Cornacchia | Richard/Maud MacArthur |
| Marsha D. Daria | John and Chery Maher |
| Marlene DeBellis | Lisa Parisi |
| Laura Denis | Annette J. Schweitzer |
| Kathleen Deschenes | |
EXECUTIVE LEADERSHIP

KATHLEEN DESCHENES, LMSW
Chief Executive Officer

DENIS SHPITS
Chief Financial Officer

DAWN PATSTON, LMFT, AADC
Chief Operating Officer

CONTACT INFORMATION

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www.ctrenaissance.org
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http://www.facebook.com/CTRenaissance

BOARD OF DIRECTORS

ALECIA ANDREWS
Chair

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Vice President

JOSEPH RIKER
Treasurer

DEBBIE CLANCY
Secretary

DAVID MARSH

Advisory Board Members
DOM GIGLIO
MARLY LEBEAU

LICENSING AND ACCREDITATION

MAJOR FUNDING SOURCES
"This program is helping me with long term goals. Wonderful place to grow. Thank you to all the staff. They help me with everything. I have a CDL license and a good job. God bless you. I believe I am a better person and have benefitted from the entire experience at CT Renaissance."